



# ActivCare Brittany House

# NOVEMBER 2019



## Daily Activities

### Newsworthy

Current Events

### Walker's Club

Neighborhood Strolls

### Thinking & Doing

Cognitive Exercises

### Musical Moments

Interactive Entertainment

### ActivFit

Strength & Agility Fitness

### Creative Arts

Artistic Expression

## SPECIAL EVENTS

### November 14

*"Just Uss"*  
Entertainment

### November 15

*"G-Strings"* Band

### November 27

Birthday Celebration

### November 28

Thanksgiving



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1 Game Day</b>	<b>2 Game Night</b>
<b>3 Sunday Football</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Football Trivia</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Sunday Football</b> 4:00 Neighborhood Walk  6:00 <b>Movie Matinee</b>	<b>4 Prize Bingo</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Prize Bingo</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Whiteboard Games</b> 4:00 Neighborhood Walk  6:00 <b>Pamper Me Lovely</b>	<b>5 Cooking for the Senses</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Creative Art: Loopy Turkey Wreath</b>  1:00 Afternoon Stretching 2:00 <b>Cooking for the Senses: No Bake Peanut Butter Bites</b> 3:00 Coffee Social 3:30 <b>Creative Art: Thanksgiving Pumpkin Decor</b> 4:00 Neighborhood Walk 6:00 <b>Name 10</b>	<b>6</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Writing Thank You Letters to our Veterans</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Sing, Dance &amp; Reminisce</b> 4:00 Neighborhood Walk  6:00 <b>Pamper Me Lovely</b>	<b>7 Book Lover's Day</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Book Lovers: Short Stories</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Table Top Games</b> 4:00 Neighborhood Walk  6:00 <b>Whiteboard Games</b>	<b>8 Game Day</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Indoor Games/ Minute to Win it</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Prize Bingo</b> 4:00 Neighborhood Walk  6:00 <b>Pamper Me Lovely</b>	<b>9 Game Night</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Creative Art: Thank You Ornaments</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Game Night: Poker/ Games</b> 4:00 Neighborhood Walk  6:00 <b>Movie Matinee</b>
<b>10 Sunday Football</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Football Trivia</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Sunday Football</b> 4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>11 Veterans Day</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Moment of Silence for our Veterans</b>  11:02 <b>Prize Bingo</b> 1:00 Afternoon Stretching  <b>3:00 Coffee Social</b> 3:30 <b>Veteran's Day Discussion</b> 4:00 Neighborhood Walk 6:00 <b>You Be The Judge</b>	<b>12 Cooking for the Senses</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Game of Who am I</b>  1:00 Afternoon Stretching 2:00 <b>Cooking for the Senses: Acorn Donut Holes</b> 3:00 Coffee Social 3:30 <b>Scrabble</b> 4:00 Neighborhood Walk 6:00 <b>You Be The Judge</b>	<b>13</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Fitness Group USA/ Yoga Class</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Creative Art: Leaf Garland</b> 4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>14 Entertainment</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Creative Art: Chalkboard Decor</b>  2:00 <b>Entertainment: "Just Uss"</b> 1:00 Afternoon Stretching  <b>3:00 Coffee Social</b> 3:30 <b>Table Top Games</b> 4:00 Neighborhood Walk 6:00 <b>Trivia</b>	<b>15 Entertainment</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Entertainment: "G-Strings"</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Prize Bingo</b> 4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>16 Game Night</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Creative Art: My Basket of Thanks</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Game Night: Poker/ Games</b> 4:00 Neighborhood Walk 6:00 <b>Movie Matinee</b>
<b>17 Sunday Football</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Football Trivia</b>  1:00 Afternoon Stretching 3:00 Coffee Social 3:30 <b>Sunday Football</b>  4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>18 Prize Bingo</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Prize Bingo</b>  1:00 Afternoon Stretching 3:00 Coffee Social 3:30 <b>Creative Art: Quirky Turkey Door Decor</b>  4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>19 Caregiver Support Group</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Parachute and Games</b>  1:00 Afternoon Stretching 3:00 Coffee Social 3:30 <b>Creative Art: Fall Color Weaving Placemats</b>  4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>20 Fitness Group USA/ Yoga Class</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Fitness Group USA/ Yoga Class</b>  1:00 Afternoon Stretching 3:00 Coffee Social 3:30 <b>Creative Art: Thanksgiving Cards</b>  4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>21</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Bowling and Games</b>  1:00 Afternoon Stretching 3:00 Coffee Social 3:30 <b>Creative Writing: Fall Poems</b>  4:00 Neighborhood Walk 6:00 <b>Read a Short Story</b>	<b>22 Game Day</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Indoor Games/ Minute to Win it</b>  1:00 Afternoon Stretching 3:00 Coffee Social 3:30 <b>Prize Bingo</b>  4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>23 Game Night</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Creative Art: Turkey Mola Art</b>  1:00 Afternoon Stretching 3:00 Coffee Social 3:30 <b>Game Night: Poker/ Games</b> 4:00 Neighborhood Walk 6:00 <b>Movie Matinee</b>
<b>24 Sunday Football</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Football Fun Facts</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Sunday Football</b> 4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>25 Prize Bingo</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Prize Bingo</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Table Top Games with Staff</b> 4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>26 Cooking for the Senses</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Song and Dance: Bringing back the memories</b>  1:00 Afternoon Stretching 2:00 <b>Cooking for the Senses: Tepee Cupcakes</b> 3:00 Coffee Social 3:30 <b>Aroma Therapy: Clove Pomanders</b> 4:00 Neighborhood Walk 6:00 <b>Trivia</b>	<b>27 Birthday Celebration</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Creative Art: Making Indian/Pilgrim Hats</b>  2:00 <b>Entertainment: "Elvis"</b> 3:00 Coffee Social  <b>3:30 Table Top Games with Staff</b> 4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>28 Thanksgiving</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Macy's Thanksgiving Parade</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Indoor Games with Staff</b> 4:00 Neighborhood Walk 6:00 <b>Pictionary</b>	<b>29 Game Day</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Indoor Games/Minute to Win it</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Prize Bingo</b> 4:00 Neighborhood Walk 6:00 <b>Pamper Me Lovely</b>	<b>30 Game Night</b>  9:15 Today in History & Current Events 9:45 Grooming 10:00 <b>Good Morning Exercise</b> 10:30 Coffee Social 11:00 <b>Creative Art: Watercolors</b>  1:00 Afternoon Stretching 3:00 Coffee Social  <b>3:30 Game Night: Poker/ Games</b> 4:00 Neighborhood Walk 6:00 <b>Movie Matinee</b>

Activities are subject to change without notice.