



# Town Hall Forum

## After the Alzheimer's Diagnosis: Practical Information for Family Caregivers

***A free educational seminar for family caregivers  
featuring Alzheimer's care and medical experts.***

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and prepare yourself and your loved one.

**When:** Thursday, March 30, 2017  
8:30 am to 11:00 am  
*Continental Breakfast: 8:30 am*

**Where:** Lakehouse Hotel & Resort Conference Center  
(Formerly Lake San Marcos Resort)  
1105 La Bonita Drive  
Lake San Marcos, CA 92078

**Topics:** This seminar will provide practical information for establishing a baseline of care needs and how to prepare for future changes as the disease progresses. You'll learn possible solutions for gaining family support. Understand the importance of structure and how to plan successful activities. Also, garner key tips for successful communication.

**Speakers:** Alan Berkowitz, MD - Board Certified Geropsychiatrist  
Dawn DeStefani, BSW - ActivCare Executive Director

**Cost:** This is a free educational event for family caregivers

**RSVP:** Reservations are required. Call 888-636-5677 or log onto [activcareliving.com](http://activcareliving.com).



**Presented by:**

  
**ACTIVCARE®**  
Residential Memory Care



Southern Caregiver Resource Center  
*Caring for those who care for others*

  
**GEORGE G. GLENNER**  
ALZHEIMER'S FAMILY CENTERS, INC.®

Free caregiver resources  
are available at  
ActivCare at Bressi Ranch.  
Call (800) 699-5529 to learn more.

To RSVP, please log onto **ActivCareLiving.com**  
or call ActivCare at **1-888-MEM-LOSS**

  
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