



ActivCare

Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

SPECIAL EVENTS

August 21
Music with 'Just Uss'

August 29
Luau & Birthday
Celebration



ActivCare at Brittany House

August 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7 Cooking for the Senses	2	3	
4 9:15 Today in History & Current Events 9:45 Grooming 10:00 Chair Pilates 10:30 Coffee Social 11:00 Creative Art: Braided Bracelets 1:00 Afternoon Stretch 2:00 Charades 3:00 Afternoon Snack Social 3:30 Movie Matinee 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	5 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize BINGO 1:00 Puzzle Time 2:00 Ball Toss 3:00 Afternoon Snack Social 3:30 Everyday Life Trivia 4:00 Neighborhood Walk 6:00 Monday Night Films	6 9:15 Today in History & Current Events 9:45 Grooming 10:00 Chair Yoga 10:30 Coffee Social 11:00 Minute to Win It Games 1:00 Afternoon Stretch 2:00 Sing-Along Folk Songs 3:00 Afternoon Snack Social 3:30 Name 10 Game 4:00 Neighborhood Walk 6:00 Ball Toss n Talk	7 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:00 Afternoon Stretch 2:00 Cooking for the Senses: Bacon Ranch Cream Cheese Spread 3:00 Afternoon Snack Social 3:30 Memory Journals 4:00 Neighborhood Walk 6:00 Western Wednesday Matinee	8 9:15 Today in History & Current Events 9:45 Grooming 10:00 Stretches & Warm-ups 10:30 Coffee Social 11:00 Creative Art: Making Paper Leis 1:00 Afternoon Stretch 2:00 Mindless Facts 3:00 Afternoon Snack Social 3:30 Finish Making the Paper Leis 4:00 Neighborhood Walk 6:00 Movie Night	9 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Watercolor Palm Trees 1:00 Afternoon Stretch 2:00 Friday Funnies 3:00 Afternoon Snack Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Funny Flicks	10 9:15 Today in History & Current Events 9:45 Grooming 10:00 Tai Chi 10:30 Coffee Social 11:00 Indoor Bowling Tournament 1:00 Afternoon Stretch 2:00 Mindless Facts 3:00 Afternoon Snack Social 3:30 Poker Game 4:00 Neighborhood Walk 6:00 Saturday Matinee
11 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Hawaiian Crowns 1:00 Hawaiian Themed Coloring 2:00 Puzzle Time 3:00 Afternoon Snack Social 3:30 Table Top Games with Staff 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	12 9:15 Today in History & Current Events 9:45 Grooming 10:00 Chair Yoga 10:30 Coffee Social 11:00 Prize BINGO 1:00 Word Search 2:00 Sing-Along 3:00 Afternoon Snack Social 3:30 White Board Games 4:00 Neighborhood Walk 6:00 Scramble	13 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Minute to Win It Games 1:00 Word Mania 2:00 Country Life Trivia & Reminiscing 3:00 Afternoon Snack Social 3:30 Pineapple Garland 4:00 Neighborhood Walk 6:00 Mindless Facts	14 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Grooming 10:00 Stretches & Warm-Ups 10:30 Coffee Social 11:00 Pamper Me Lovely 1:00 Whiteboard Games 2:00 Cooking for the Senses: Never Forgotten Guacamole 3:00 Afternoon Snack Social 3:30 Creative Art: Tiki Columns 4:00 Neighborhood Walk 6:00 Western Wednesday Matinee	15 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Garden Hanging Globes 1:00 Balloon Toss & Ring Toss 2:00 Maze Challenge 3:00 Afternoon Snack Social 3:30 I Hear Memories 4:00 Neighborhood Walk 6:00 Movie Night	16 9:15 Today in History & Current Events 9:45 Grooming 10:00 Chair Yoga 10:30 Coffee Social 11:00 Creative Art: Making Grass Skirts 1:00 Maze Challenge 2:00 Thursday Travelogue: Hawaii 3:00 Afternoon Snack Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Funny Flicks	17 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Ping Pong Tac Toe 1:00 Afternoon Stretch 2:00 Maze Challenge 3:00 Afternoon Snack Social 3:30 Poker Game 4:00 Neighborhood Walk 6:00 Saturday Matinee
18 9:15 Today in History & Current Events 9:45 Grooming 10:00 Sittercise 10:30 Coffee Social 11:00 Creative Art: Rhythm Drums 1:00 Afternoon Stretch 2:00 You Be the Judge 3:00 Afternoon Snack Social 3:30 Movie Matinee 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	19 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Neighborhood Coffee Social 11:00 Prize BINGO 1:00 Chicken Soup for the Soul Stories 2:00 Let's talk about "Radio Theatre" 3:00 Afternoon Snack Social 3:30 Read a Story, Group interaction 4:00 Neighborhood Walk 6:00 Monday Night Films	20 9:15 Today in History & Current Events 9:45 Grooming 10:00 Stretches & Warm-ups 10:30 Neighborhood Coffee Social 11:00 Minute to Win It Games 1:00 Comic Craze n Puzzles 2:00 Games with Staff 3:00 Afternoon Snack Social 3:30 Picture Day 4:00 Neighborhood Walk 6:00 Ball Toss n Talk	21 Entertainment 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Neighborhood Coffee Social 11:00 Fitness Group Yoga Class 2:00 Entertainment "Just Us" 3:00 Afternoon Snack Social 3:30 Working with Watercolor: Butterflies 4:00 Neighborhood Walk 6:00 Western Wednesday Matinee	22 9:15 Today in History & Current Events 9:45 Grooming 10:00 Chair Pilates 10:30 Neighborhood Coffee Social 11:00 Pamper Me Lovely 1:00 Afternoon Stretch 2:00 Thursday Travelogue: Spain 3:00 Afternoon Snack Social 3:30 Table Top Games 4:00 Neighborhood Walk 6:00 Movie Night	23 9:15 Today in History & Current Events 9:45 Grooming 10:00 Chair Yoga 10:30 Coffee Social 11:00 Horseshoes and Ring Toss 1:00 Mindless Facts 2:00 Sing-Along Folk Songs 3:00 Afternoon Snack Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Funny Flicks	24 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Ping Pong Tac Toe 1:00 Afternoon Stretch 2:00 Maze Challenge 3:00 Afternoon Snack Social 3:30 Poker Game 4:00 Neighborhood Walk 6:00 Saturday Matinee
25 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Neighborhood Coffee Social 11:00 Music with Instruments 1:00 Afternoon Stretch 2:00 Sing A Long 3:00 Afternoon Snack Social 3:30 Table Top Games with Staff 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	26 9:15 Today in History & Current Events 9:45 Grooming 10:00 Chair Pilates 10:30 Neighborhood Coffee Social 11:00 Prize BINGO 1:00 Afternoon Stretch 2:00 Finishing Lyrics 3:00 Afternoon Snack Social 3:30 Dance and Music 4:00 Neighborhood Walk 6:00 Puzzles and Mazes	27 9:15 Today in History & Current Events 9:45 Grooming 10:00 Sittercise 10:30 Neighborhood Coffee Social 11:00 Creative Art: Tiles with Embellishments 1:00 Afternoon Stretch 2:00 Music with Instruments 3:00 Afternoon Snack Social 3:30 What Would You Do? 4:00 Neighborhood Walk 6:00 Traveling Tuesday Cinema!	28 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Grooming 10:00 Sittercise 10:30 Neighborhood Coffee Social 11:00 Creative Art: Tiles with Embellishments 1:00 Afternoon Stretch 2:00 Cooking for Senses: Banana Split 3:00 White Board Games 3:30 Afternoon Snack Social 4:00 Neighborhood Walk 6:00 Western Wednesday Matinee	29 Luau Celebration 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Neighborhood Coffee Social 11:00 Creative Art: Large Designer Panels 1:00 Afternoon Stretch 2:00 Entertainment "Elvis" 3:00 Afternoon Snack Social 3:30 Finishing Lyrics 4:00 Neighborhood Walk 6:00 Movie Night	30 9:15 Today in History & Current Events 9:45 Grooming 10:00 Stretches & Warm-ups 10:30 Neighborhood Coffee Social 11:00 Pamper Me Lovely 1:00 Friday Funnies 2:00 Bowling Tournament 3:00 Afternoon Snack Social 3:30 Prize BINGO! 4:00 Neighborhood Walk 6:00 Funny Flicks	31 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Neighborhood Coffee Social 11:00 Parachute n Ball 1:00 Word Search 2:00 Game n Puzzles with Staff 3:00 Afternoon Snack Social 3:30 Poker Game 4:00 Neighborhood Walk 6:00 Saturday Matinee

Activities are subject to change without notice.