



ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

Special Events

February 2 Groundhog Day

February 14 Valentine's Day

February 18 Presidents' Day

February 25 Birthday Celebration



ActivCare at Yorba Linda February 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3 Nat'l Carrot Cake Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns 1:00 Rhythm Band 2:00 Nat'l Carrot Cake Day - Discussion 3:00 Carrot Cake & Coffee Social 3:30 Eldersong Sing-Along 6:00 Moonlight Movie	4 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 White Board Brain Games 1:00 Entertainment - Music By Arnie Rios 2:00 Tossing for Points 3:00 Dessert & Coffee Social 3:30 Puzzle/ Dominos 6:00 Moonlight Movie	5 Chinese New Year 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Chinese New Year - Discussion 1:00 Pamper Me Lovely: Manicures 2:00 Word Anagram Game 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	6 Nat'l Frozen Yogurt Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 Indoor Bowling Game 2:00 Nat'l Frozen Yogurt Day - Discussion 3:00 Frozen Yogurt & Coffee Social 3:30 Frisbee Toss Game 6:00 Moonlight Movie	7 Nat'l Fettuccine Alfredo Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Nat'l Fettuccine Alfredo Day Discussion 12:00 Fettuccine Alfredo Lunch 1:00 Balloon Badminton 2:00 Creative Art: Chinese Lanterns 3:00 Dessert & Coffee Social 3:30 Word Anagrams 6:00 Moonlight Movie	8 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 Indoor Volleyball/ 2:00 Trip to Baskin Robins For Ice Cream 2:00 Popcorn and a Show 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	9 Nat'l Bagel Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Name 5 Game 1:00 Nat'l Bagel Day - Discussion 2:00 "My First Valentine" Reminiscing 3:00 Bagel & Coffee Social 3:30 Ring Toss 6:00 Lawrence Welk Show 6:30 Moonlight Movie
10 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns 1:00 Rhythm Band 2:00 Puzzles and Dominos 3:00 Dessert & Coffee Social 3:30 Eldersong Sing-Along 6:00 Moonlight Movie	11 Nat'l Peppermint Patty Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Nat'l Peppermint Patty Day Discussion/ Tasting 1:00 Indoor Balloon Volleyball 2:00 Word Anagram Game 3:00 Dessert & Coffee Social 3:30 Indoor Bocce Ball 6:00 Moonlight Movie	12 In the Kitchen 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 1:00 In the Kitchen - Heart Shaped Cookies 2:00 Pamper Me Lovely: Manicures 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	13 Nat'l Cheddar Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 Tossing for Points 2:00 Nat'l Cheddar Day Discussion/ Tasting 3:00 Dessert & Coffee Social 3:30 Name Ten Game 6:00 Moonlight Movie	14 Valentine's Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Creative Art: Valentine's Day Door Hangers 1:00 Frisbee Toss Game 2:00 Indoor Corn Hole Game 3:00 Valentine's Friendship Tea Party - Entertainment - Music by Eddie Montana 3:30 Word Anagram Game 6:00 Moonlight Movie	15 Nat'l Caregivers Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Nat'l Caregivers Day Discussion 2:00 Indoor Volleyball 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	16 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 "US Presidents" - Reminiscing 1:00 Indoor Volleyball 2:00 White Board Brain Games 3:00 Dessert & Coffee Social 3:30 Puzzle Bingo! 6:00 Lawrence Welk Show 6:30 Moonlight Movie
17 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns 1:00 Rhythm Band 2:00 Indoor Volleyball 3:00 Dessert & Coffee Social 3:30 Eldersong Sing-Along 6:00 Moonlight Movie	18 Presidents' Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Hangman Game 1:00 Presidents' Day - Discussion 2:00 Entertainment - Music Al Valdez 3:00 Dessert & Coffee Social 3:30 Indoor Balloon Badminton 6:00 Moonlight Movie	19 Men's Blue Tie Lunch 8:30 Current Events 9:15 Good Morning Exercises 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 12:00 Men's Blue Tie Lunch w/ Rick 1:00 Name 5 Game 2:00 Indoor Bocce Ball Game 3:00 Dessert & Coffee Social 3:30 Puzzle/ Dominos 6:00 Moonlight Movie	20 Nat'l Cherry Pie Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 Toss for Points Game 2:00 Nat'l Cherry Pie Day - Discussion 3:00 Indoor Balloon Badminton 3:30 Cherry Pie & Coffee Social 6:00 Moonlight Movie	21 Cooking for the Senses 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Creative Writing: "What Does Friendship Mean to Me" 1:00 Cooking for the Senses w/ Victor the Chef 2:00 Word Anagram Games 3:00 Dessert & Coffee Social 3:30 Frisbee Toss 6:00 Moonlight Movie	22 Nat'l California Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 Indoor Volleyball/ Scenic Drive 2:00 Nat'l California Day - Discussion 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	23 Nat'l Banana Bread Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 "Spring Time" Reminiscing 1:00 Bocce Ball Game 2:00 Nat'l Banana Bread Day - Discussion 3:00 Banana Bread & Coffee Social 3:30 Puzzles/ Dominos 6:00 Lawrence Welk Show 6:30 Moonlight Movie
24 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns 1:00 Balloon Noodle Game 2:00 Pictionary Brain Game 3:00 Dessert & Coffee Social 3:30 Eldersong Sing-Along 6:00 Moonlight Movie	25 Birthday Celebration 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Puzzles/ Dominos 1:00 Tossing for Points Game 2:00 Birthday Celebration - Music by Joe Tatar Restaurant TBD 3:00 Birthday Cake & Coffee Social 3:30 Name 5 Game 6:00 Moonlight Movie	26 Red Hats Ladies Lunch 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Word Anagram Game 12:00 Red Hats Ladies Lunch w/ Elva Restaurant TBD 1:00 Golf Putting Outside 2:00 Pamper Me Lovely: Manicures 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie	27 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 White Board Games 2:00 Indoor Bocce Ball Game 3:00 Dessert & Coffee Social 3:30 Ring Toss 6:00 Moonlight Movie	28 Nat'l Chili Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Nat'l Chili Day Discussion 12:00 Homemade Chili Lunch 1:00 Creative Art: President Water Color Art 2:00 Bingo Game 3:00 Dessert & Coffee Social 3:30 Celebrity Cards 6:00 Moonlight Movie		

Activities are subject to change without notice.