

ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events

July 4Independence Day

July 16Special Music

July 26Women's Club Luncheon

July 30Birthday Celebration



6:00 Movie Night



ActivCare at Mission Bay

July 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:00 Avalkes Club 11:00 Arts & Crafts 11:00 Trivia 1:30 Sunday Service 2:00 Sing A Long 3:30 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night	2 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	3 Bus Ride: Downtown 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride Walkers Club 11:00 Arts & Crafts 1:15 Scenic Bus Ride 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:30 Dessert & Coffee Social 3:30 Dessert & Coffee Social 3:00 Essert & Coffee Social 6:00 Movie Night Bus Rides To Mt. Soledad	4 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 Special Music w Laura Flores 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night Fourth of July BBQ HAPPY BIRTHDAY LIMA!	5 Pamper Me Lovely 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Balloon Toss 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Pamper Me Lovely 6:00 Movie Night Senior Fitness with Robert	6 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	7 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Art & Crafts 1:00 CATHOLIC COMMUNION 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Movie Night
8 Sunday Service	9 Bingo	10 Bus Ride: La Jolla	11 Special Music	12 Love on a Leash	13 Picnic Bus Ride	14 Catholic Communion
8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 Sunday Service 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride/ Walkers Club 11:00 Arts & Crafts 11:15 Scenic Bus Ride 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night Bus Rides To Mt. Soledad	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 Men's Club Luncheon 1:00 Word Teasers 2:00 Special Music w Myron 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night Men's Club Luncheon	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Balloon Toss 2:00 Sing A Long 3:00 Dessert & Coffee Social 330 Love on a Leash 6:00 Movie Night Senior Fitness with Robert	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 Pienie Bus Ride 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Art & Crafts 11:00 Art & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Desser: & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Movie Night
15 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 Sunday Service 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Bhort Stories 6:00 Movie Night	16 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arsk & Crafts 1:00 Ladder Ball 2:00 Special Music wJuan Robles 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	17 Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride/ Walkers Club 11:50 Arsk & Crafts 1:15 Scenic Bus Ride 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night Bus Ride: Mission Beach	18 Disney Day 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 1:00 Orta & Crafts 12:00 Women's Club 1:00 Word Teasers 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	19 Pamper Me Lovely 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Love on a Leash 2:00 Sing A Long 3:30 Dessert & Coffee Social 3:30 Pamper Me Lovely 6:00 Movie Night Senior Fitness with Robert	20 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride/ Walkers Club 11:00 Arts & Crafts 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	21 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Movie Night
22 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:30 Sunday Service 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Wight Nat'l Parents' Day	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Dessert Coffee Social 3:30 Bingo 6:00 Movie Night	24 Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:00 Secule Bus Ride Walkers Club 11:00 Arts & Crafts 11:15 Secule Bus Ride 2:00 Musical Instruments 2:45 Secule Bus Ride 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night Bus Ride: Mt. Soledad	25 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 Special Music w Mark Flores 3:30 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	26 Love on a Leash 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:00 Walkers Club 11:00 Arts & Crafts 12:00 Women Club Luncheon 1:00 Balloon Toss 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Love on a Leash 6:00 Movie Night Women's Club Luncheon	27 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 Picnic Bus Ride 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night	28 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Movie Night
29 Sunday Service	30 Birthday Celebration	31 Bus Ride		71111111111111111111111111111111111111	530%	
2.9 Sufficient Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:00 Avalises Club 11:00 Arts & Crafts 1:30 Sunday Service 2:00 Sing A Long 3:30 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Nicht	8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Birnhday Celebration 3:30 Birgo 6:00 Movie Night	S1 Dus Xtute 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:00 Sercie Bus Ride' Walkers Club 11:00 Arts & Crafts 11:50 Arts & Crafts 11:50 Arts & Crafts 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:00 Dessert & Coffee Social 3:30 Distributions 6:00 Movie Wiebt	11 (1 (28) 36 57		HAPPY BIRTHDAY	

Bus Ride: Sunset Cliffs