



## ActivCare Daily Activities

### What's News

### Music That Matters

### Exercise in Motion

### Think It - Say It

### Neighborhood Walks

### Creative Arts



### Special Events

#### December 3 Hanukkah Celebration

#### December 17 Scenic Bus Ride to Candy Cane Lane

#### December 25 Christmas Day

#### December 31 New Year's Eve



# ActivCare at 4S Ranch December 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1 Girl Scout Visit</b>
<b>2 Catholic Communion</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 NFL in the Club 10:30 Walker's Club 10:30 A Paws of Love 1:00 Bean Bag Toss 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Show Time	<b>3 Hanukkah Celebration</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Hanukkah Celebration w/ Rabbi Mendel 10:00 Fruit & Coffee Social 10:30 Walkers Club Scenic Bus Ride 10:30 Good Morning Exercise 1:00 Flower Arranging 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Show Time	<b>4 Nat'l Cookie Day</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Ball Toss 1:00 Christmas Ornament Class 2:00 Puppy Visit w/ Izzie and Cheeka 3:00 Cookie Party 3:30 Gratitude is our Attitude 4:00 Chair Yoga 6:00 Show Time	<b>5 Diegueso Country School Visit</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 SD Humane Society 11:30 Nature Walk 1:00 Ball Toss 1:00 Bridge in the Club 2:00 Dessert & Coffee Social 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Chair Pilates 6:00 Show Time w/ Popcorn	<b>6 Humane Society Visit</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Family Support Group w/ Kindred 11:30 Nature Walk 1:00 Sing-Along 2:00 Finish the Quote 2:00 Bridge in the Club 2:00 Dessert & Coffee Social 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 Show Time	<b>7 The Sunshine Singers</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Sunshine Circle 11:30 Nature Walk 1:00 Sunshine Singers 1:30 Special Music w/ Cara Freedman 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Flower Arranging 6:00 Show Time	<b>8 Water Color Class</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Sunshine Circle 11:30 Walker's Club 1:00 Bowling 2:00 Garden Club/ Musical Instruments 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:00 Water Colors 6:00 Show Time w/ Popcorn
<b>Hanukkah Begins at Sundown</b>		<b>Happy Birthday Lilia</b>	<b>Happy Birthday Marilyn</b>	<b>Happy Birthday Joe</b>	<b>Family Support Group</b> Happy Birthday Larissa Happy Birthday Laraine	
<b>9 Catholic Communion</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Stars Youth Charities Club 1:00 Bean Bag Toss 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 At the Movies	<b>10 Scenic Bus Ride</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club Scenic Bus Ride 10:30 Arts and Crafts 1:00 Flower Arranging 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Girl Scout Troop 2946 6:00 At the Movies	<b>11 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Christmas Craft 1:00 Horse Shoes 2:00 Puppy Visit w/ Izzie and Cheeka 2:00 Yoga in the Club 3:00 Dessert & Coffee social 3:30 Gratitude is our Attitude 3:45 Chair Yoga 6:00 At the Movies	<b>12 Brownie Scouts Visit</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature walk 1:00 Bridge in the Club 1:00 Brownie Troops 2943 2:00 Horse Shoes 3:00 Happy Hour 3:30 Gratitude is our Attitude 3:45 Chair Pilates 6:00 At the Movies & Popcorn	<b>13 RB Presbyterian Visit</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Critic Encounter 10:30 Walker's Club 1:00 RB Presbyterian Visit 2:00 Horse Shoes 3:00 Happy Hour 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 At the Movie	<b>14 Special Music</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Sunshine Circle 11:30 Walker's Club 1:00 Sing-Along 1:30 Special Music w/ Laura Flores 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 At the Movie	<b>15 Libby Family Piano Duet</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Flower Arranging 1:00 Special Music w/ Laura Flores 1:30 Sunshine Circle 11:30 Walker's Club 1:00 Sing-Along 2:00 Girl Scout Troop 4557 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:30 Libby Family Piano Duet 6:00 At the Movie & Popcorn
<b>16 Catholic Communion</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 A Paws of Love 1:00 Our Lady of Mt Carmel 2:00 Indoor Golf 3:00 Magpie's Piano Studio 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Feature Film 6:00 Scenic Bus Trip to Candy Cane Lane	<b>17 Scenic Bus Ride</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Flower Arranging 1:00 Yoga in the Club w/ Stef 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Feature Film	<b>18 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Hanukkah Toss 12:00 Men's Club Lunch 1:00 Art and Crafts 2:00 Puppy Visit w/ Izzie and Cheeka 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Feature Film	<b>19 Love on a Leash</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Love on a Leash 11:30 Nature Walk 1:00 Men's Club Lunch 1:00 Indoor Golf 2:00 Puppy Visit w/ Izzie and Cheeka 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Arm Chair Pilates 6:00 Feature Film	<b>20 VFW Visit</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 1:00 VFW Visit 2:00 Horse Shoes 3:00 Birthday Party 3:45 Bingo 4:00 Girl Scout Troop 3111 5:30 NFL in the Club 6:00 Feature Film	<b>21 Special Music</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 1:00 Men's Club 2:00 Musical Instruments/ Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:00 Water Colors 6:00 Feature Film	<b>22 Water Color Class</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:30 Trivia 1:00 Nature Walk 2:00 Musical Instruments/ Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:00 Water Colors 6:00 Feature Film & Popcorn
<b>Happy Birthday Noelle</b>	<b>Happy Birthday Christina</b>	<b>Happy Birthday Lilia</b>	<b>Happy Birthday Marilyn</b>	<b>Happy Birthday Joe</b>	<b>Happy Birthday Tess</b>	<b>First Day of Winter</b>
<b>23 Catholic Communion</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbors 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 Nature Walk 1:00 Bowling 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Movie Time	<b>24 Scenic Bus Ride</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Flower Arranging 12:00 Men's Club Lunch 1:00 Art and Crafts 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Movie Time	<b>25 Christmas Day</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Trivia 11:30 Walker's Club 12:00 Men's Club Lunch 1:00 Art and Crafts 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along Christmas Caroling 6:00 Movie Time	<b>26 The Sunshine Circle</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Ball Toss 10:30 Walker's Club 1:00 Sunshine Circle 1:00 Indoor Golf 2:00 Bridge in the Club 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Arm Chair Pilates 6:00 Movie Time & Popcorn	<b>27 Travelogue</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 10:30 Walker's Club 1:00 Travelogue - Italy 1:00 Travelogue - Italy 2:00 Flower Arranging 3:00 Walking the Seunes - Italian Style 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 Movie Time	<b>28 Special Music</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Trivia 1:00 Ball Toss 2:00 Flower Arranging 3:00 Special Special Music w/ Andrew Park Davis 3:45 Bingo 4:00 Andrew Park Davis 5:30 NFL in the Club 6:00 Movie Time	<b>29 Water Color Class</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Trivia 1:00 Ball Toss 2:00 Flower Arranging 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:00 Water Colors 6:00 Movie Time & Popcorn
<b>Happy Birthday Leonila</b> Happy Birthday Ola		<b>Happy Birthday Crischell</b>				
<b>30 Catholic Communion</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbors 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 The Sunshine Circle 1:00 Bowling 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Movie Time	<b>31 New Year's Eve Party</b> 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 The Sunshine Circle 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 New Year's Eve Party w/ the Sounds of Kerry Powell	<b>Happy Birthday Naranda</b>				

Activities are subject to change without notice.