



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts



Special Events

December 3
Hanukkah
Celebration

December 17
Scenic Bus Ride to
Candy Cane Lane








December 25
Christmas Day

December 31
New Year's Eve



ActivCare at 4S Ranch December 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 Catholic Communion 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:00 NFL in the Club 10:30 Walker's Club 10:30 Paws of Love 1:00 Bean Bag Toss 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Show Time Hanukkah Begins at Sundown	3 Hanukkah Celebration 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:30 Hanukkah Celebration w/ Rabbi Mendel 10:00 Fruit & Coffee Social 10:30 Walker's Club Scenic Bus Ride 10:30 Good Morning Exercise 1:00 Flower Arranging 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 Show Time	4 Nat'l Cookie Day 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Ball Toss 1:00 Christmas Ornament Class 2:00 Puppy Visit w/ Izzie and Cheeka 3:00 Cookie Party 3:30 Gratitude is our Attitude 4:00 Chair Yoga 6:00 Show Time Happy Birthday Lilia	5 Diegueno Country School Visit 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Diegueno Country School Visit 1:00 Ball Toss 1:00 Sing-Along 1:00 Bridge in the Club 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 Show Time w/ Popcorn Happy Birthday Marilyn Happy Birthday Joe	6 Humane Society Visit 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Humane Society 11:30 Walker's Club 12:00 Family Support Group w/ Kindred 1:00 Ball Toss 2:00 Finish the Quote 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 Show Time Family Support Group Happy Birthday Larissa Happy Birthday Laraine	7 The Sunshine Singers 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 The Sunshine Singers 11:30 Nature Walk 1:30 Special Music w/ Cara Freedman 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Flower Arranging 6:00 Show Time	8 Water Color Class 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 The Sunshine Circle 11:30 Walker's Club 1:00 Bowling 2:00 Garden Club/ Musical Instruments 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:00 Water Colors 6:00 Show Time w/ Popcorn
9 Catholic Communion 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Stevie's Youth Charity Club 1:00 Bean Bag Toss 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 At the Movies	10 Scenic Bus Ride 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club Scenic Bus Ride 10:30 Art and Crafts 1:00 Flower Arranging 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Girl Scout Troops 2946 5:30 NFL in the Club 6:00 At the Movies	11 Puppy Visit 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Christmas Craft 1:00 Horse Shoes 2:00 Puppy Visit w/ Izzie and Cheeka 3:00 Jenga in the Club 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Chair Yoga 6:00 At the Movies	12 Brownie Scouts Visit 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Trivia 10:30 Walker's Club 1:00 Bridge in the Club 1:00 Brownie Troops 2943 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Arm Chair Pilates 6:00 At the Movies & Popcorn	13 RB Presbyterian Visit 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Critter Encounter 10:30 Walker's Club 1:00 RB Presbyterian Visit 2:00 Horse Shoes 3:00 Happy Hour 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 At the Movie Happy Birthday Tess	14 Special Music 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Flower Arranging 1:30 Special Music w/ Laura Flores 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 At the Movie	15 Libby Family Piano Duet 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Sunshine Circle 11:30 Walker's Club 1:00 Bowling 1:30 NFL in the Club 2:00 Girl Scout Troops 4557 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:30 Libby Family Piano Duet 6:00 At the Movie & Popcorn
16 Catholic Communion 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 Paws of Love 1:30 Our Lady of Mt Carmel 2:00 Indoor Golf 3:00 Maggie's Piano Studio 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Feature Film Happy Birthday Noelle	17 Scenic Bus Ride 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Flower Arranging 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 Feature Film <i>6:00 Scenic Bus Trip to Candy Cane Lane</i> Happy Birthday Christina	18 Puppy Visit 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Bean Bag Toss 12:00 Red Hat Ladies Lunch 1:00 Art and Crafts 3:00 Puppy Visit w/ Izzie and Cheeka 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Feature Film	19 Love on a Leash 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature walk 1:00 Did You See Carders 1:00 Bridge in the Club 1:00 Indoor Golf 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 5:30 NFL in the Club 6:00 Feature Film & Popcorn	20 VFW Visit 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 10:30 Walker's Club 1:00 VFW Visit 2:00 Horse Shoes 3:00 Birthday Party 3:45 Bingo 4:00 Girl Scout Troop 3111 6:00 Girl Scout Troop 3111 6:00 Feature Film Happy Birthday Thelma	21 Special Music 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Flower Arranging 1:00 Horse Shoes 1:30 Special Music w/ Juan Robles 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Feature Film First Day of Winter	22 Water Color Class 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Trivia 1:00 NFL in the Club 2:00 Musical Instruments/ Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:00 Water Colors 6:00 Feature Film & Popcorn
23 Catholic Communion 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 The Sunshine Circle 1:00 Bowling 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Movie Time Happy Birthday Leonila Happy Birthday Ola	24 Scenic Bus Ride 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club Scenic Bus Ride 10:30 Flower Arranging 12:00 Men's Club Lunch 1:00 Bowling 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 Movie Time	25 Christmas Day 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Trivia 10:30 Walker's Club 12:00 Traditional Christmas Meal 1:00 Art and Crafts 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along Christmas Caroling 6:00 Movie Time	26 The Sunshine Circle 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature walk 10:30 The Sunshine Circle 1:00 Indoor Golf 2:00 Bridge in the Club 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Arm Chair Pilates 6:00 Movie Time & Popcorn Happy Birthday Naranda	27 Travelogue 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 10:30 Walker's Club 1:00 Travelogue - Italy 2:00 Italian Craft 3:00 Cooking for the Seniors - Italian Style 3:30 Gratitude is our Attitude 3:45 Sing-Along 5:30 NFL in the Club 6:00 Movie Time	28 Special Music 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 Flower Arranging 1:30 Special Special Music w/ Andrew Parker Davis 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Movie Time Happy Birthday Reel	29 Water Color Class 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Trivia 1:00 Afternoon Stroll 2:00 Musical Instruments/ Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 4:00 Water Colors 6:00 Movie Time & Popcorn
30 Catholic Communion 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 9:30 Catholic Communion in the Club 10:00 NFL in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 The Sunshine Circle 1:00 Bowling 2:00 Libby Family Piano Duet 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Sing-Along 6:00 Movie Time	31 New Year's Eve Party 8:30 Today's Current Events 8:45 Get to Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Flower Arranging 1:00 Bowling 2:00 Yoga in the Club w/ Stef 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 5:30 NFL in the Club 6:00 New Year's Eve Party w/ The Sounds of Kerry Powell Happy Birthday Crisbell					

Activities are subject to change without notice.