



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events

August 8
Super Hero Day

August 24
Piano Recital





August 29
Polynesian Luau

August 30
Birthday Celebration



ActivCare at Mission Bay August 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>5 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <i>Sunday Service</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night</p>	 <p>6 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour/<i>Water Color Painting</i> 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night <i>Water Color Painting w/Residents and Staff</i></p>	 <p>7 Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride/Walkers Club</i> 11:00 Arts & Crafts 1:15 Scenic Bus Ride 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night <i>Bus Ride: La Jolla</i></p>	<p>1 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 <i>Special Music w/Mark Flores</i> 3:00 Dessert and Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>2 Pamper Me Lovely 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 <i>Fitness Class</i> 1:00 Trivia 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 <i>Pamper Me Lovely</i> 6:00 Movie Night</p>	<p>3 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>4 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Art & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 <i>Communion with Deacon Salvador</i> 6:00 Movie Night</p>
<p>12 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <i>Sunday Service</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie night</p>	<p>13 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night <i>Gardening Day at ACMB</i></p>	<p>14 Humane society 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride/Humane Society</i> 11:00 Arts & Crafts 1:15 Scenic Bus Ride 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night <i>Bus Ride: Mission Beach</i></p>	<p>15 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 <i>Sing-Along</i> 3:00 Dessert and Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>16 Pamper Me Lovely 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 <i>Fitness Class</i> 1:00 Trivia 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 <i>Pamper Me Lovely</i> 6:00 Movie Night <i>Women's Luncheon</i></p>	<p>17 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride/Walkers Club</i> 11:00 Arts & Crafts 12:00 Lunch 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>18 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 <i>Communion with Deacon Salvador</i> 6:00 Movie Night</p>
<p>19 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <i>Sunday Service</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night</p>	<p>20 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 <i>Special Music w/Juan Robles</i> 3:00 Dessert Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>21 Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride/Walkers Club</i> 11:00 Arts & Crafts 1:15 <i>Scenic Bus Ride</i> 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night <i>Bus Ride: Mt. Soledad</i></p>	<p>22 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 <i>Special Music w/Mark Flores</i> 3:00 Dessert and Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>23 Love on a Leash 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Love on a Leash</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Trivia 6:00 Movie Night</p>	<p>24 Piano Recital 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 Picnic Bus Ride 1:00 Hangman 2:00 <i>Piano Recital: w/Azvedo Piano Studio</i> 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>25 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 <i>Communion with Deacon Salvador</i> 6:00 Movie Night</p>
<p>26 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <i>Sunday Service</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night</p>	<p>27 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>28 Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride/Walkers Club</i> 11:00 Arts & Crafts 1:45 <i>Scenic Bus Ride</i> 2:00 Musical Instruments 2:45 Scenic Bus Ride 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night <i>Bus Ride: Sunset Cliffs</i></p>	<p>29 Polynesian Luau 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 <i>Hawaiian Luau w/Island Dancers</i> 3:00 Dessert and Coffee Social 3:30 Bingo 6:00 Movie Night</p>	<p>30 Birthday Celebration 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Love on a Leash</i> 2:00 Sing-Along 3:00 <i>Birthday Celebration</i> 3:30 Trivia 6:00 Movie Night</p>	<p>31 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 Picnic Bus Ride 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 Bingo 6:00 Movie Night</p>	

Activities are subject to change without notice.