

ActivCare at Bressi Ranch

Menu Week 1

1/6/19 - 1/12/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice	10: pm Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried pork Steak Rice Pilaf Vegetable Blend Cornbread Beverage of Choice	Chicken Florentine Roasted Red Potato Mixed Veggies Garlic Bread Beverage of Choice	Fish and Chips Tater Tots Steam Carrot Cornbread Beverage of Choice	Cheeseburger Macaroni Green Peas Garlic Bread Beverage of Choice	Herb pasta with cacciatoro Chef Salad Garlic Bread Beverage of Choice	Pork Aritada Steam Rice Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Teriyaki Fried Rice Stir Fry Vegetables Sweet Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Parfait Beverage of Choice	3 pm Snack Pudding Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner		Dinner	Dinner	Dinner
Blackened Cajun Fried Fish Baked Potato Vegetable Capri Dinner Roll Beverage of Choice	Homemade Chili Side Salad Cornbread Beverage of Choice	Sweet & Spicy Pork chop Fried Rice Green beans Beverage of Choice	Cajun Chicken Jambalaya Broccoli Cornbread Beverage of Choice	Grilled Ham & Cheese French Fries Prince Edward mixed Beverage of Choice	Chili Lime Fried Fish Rice Pilaf Sautéed Zucchini Beverage of Choice	Meat Lasagna Caesar Salad Garlic Bread Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Brownie Snack of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Bread Pudding Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

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Menu Week 2

1/13/19 - 1/19/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Blueberry Pancakes Sausage	Scrambled Eggs w/ Ham and Cheese Toast	French Toast Bacon	Vegetable Scramble English Muffin	Belgian Waffles Fruit Garnish	Scallion and Cheddar Scramble Toast	French Toast Sausage Link
Choice of Cold or Hot Cereal						
Butter & Syrup Milk	Butter/Jelly Milk	Butter & Syrup Milk	Butter/Jelly Milk	Butter & Syrup Milk	Butter/Jelly Milk	Butter/Jelly Milk
Juice of Choice Coffee or Hot Tea						
10 am snack Fresh Fruit Beverage of Choice						

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Diablo Roasted Red Potato Vegetable Capri Dinner Roll Beverage of Choice	Chicken Fajitas Spanish Rice 5-way-Veggies Cornbread Beverage of Choice	Parmesan Crusted Baked Fish Baked Potato Steam Carrot Dinner Roll Beverage of Choice	Creamy Beef Noodles Green beans Garlic Bread	Cobb Salad Soup Du Jour Garlic Bread	Lemon Creamy Pork Chop Roasted Red Potato Peas and Carrots Sweet Roll Beverage of Choice	Chicken Potato Baked Casserole Rice Pilaf Vegetable Capri Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Shrimp Tempura Curly Fries Vegetable Du Jour Cornbread Beverage of Choice	Beef Taco Casserole Vegetable Du Jour Dinner Roll Beverage of Choice	Kalua Pork Ranch style Bean Sautéed Spinach Cornbread Beverage of Choice	Sweet and Sour chicken Steam Rice Sautéed Zucchini Cornbread Beverage of Choice	Vegetable Lasagna Vegetable Blend Dinner Roll Beverage of Choice	Fried Fish Cilantro Gremolata Ranch style Bean 5-way-veggies Conrbread Beverage of Choice	Hot dog Curly Fries Steam Carrots Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

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Menu Week 3

1/20/19 - 1/26/19

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hungarian Pork Loin	Chicken Marsala	Rosemary Glazed Fish	Burger Steak w/ Tomato Gravy	Grilled Tuna Melt	Pork Chimichurri	Chicken Pesto
Ranch Style beans	Egg Noodles	Baked Potato	Garlic Mashed Potato	Seasoned Fries	Fusilli	Rice Pilaf
Vegetable Blend	Vegetable Du Jour	Glazed Carrot	Green Peas	Onion Rings	Steam Broccoli	Sautéed Spinach
Cornbread	Dinner Roll	Cornbread	Dinner Roll		Dinner Roll	Dinner Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Danish	Muffin	Cake	Pie	Ice Cream	Cake	Pudding
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice

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Menu Week 4

1/27/19 - 2/2/19