

ActivCare at Bressi Ranch

Menu Week 1
6/2/19 - 6/8/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs	Blueberry Pancakes	Cheese and Eggs	French Toast	Scrambled Eggs	Belgian Waffles	Scrambled Eggs
Hash Browns	Bacon	Home Fries	Sausage Link	w/ Ham & Cheese	Fruit Garnish	Sausage Links
Toast		Toast		English Muffin		Toast
Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold
or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal
Butter/ Jelly	Butter & Syrup	Butter/ Jelly	Butter & Syrup	Butter/Jelly	Butter & Syrup	Butter/Jelly
Milk	Milk	Milk	Milk	Milk	Milk	Milk
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea
10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Tenderloin w/ Chutney	Honey Dijon Baked Chicken	Fish Piccata	Spaghetti Meatballs	Spinach Salad Supreme	Rosemary Sage Pork Loin	Chicken Enchiladas
Rice Pilaf	Baked Potato	Roasted Red Potatoes	Side Salad	Soup Du Jour	Ranch Style Beans	Spanish Rice
Vegetable Blend	Vegetable Du Jour	Glazed Carrot	Garlic Bread	Dinner Roll	Peas and Carrots	5 way-veggie blend
Dinner Roll	Cornbread	Dinner Roll			Cornbread	Dinner Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Danish	Brownie	Pop-Over	Cake	Ice Cream	Cake	Muffin
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
battered fried fish w/ Tartar Sauce	Beef and Potato Baked	Rosemary Sage Pork Loin	Garlic Basil Chicken	Herb Pasta w/ Primavera	Chicken Afritada	Hot Dogs
Seasoned Fries	Prince Edward	Baked Yams	w/ Tomato Butter Sauce	Sautéed Zucchini	Steamed Rice	Tater Tots
Vegetable Capri	Garlic Bread	Green beans	Parsley Rice & Steamed Broccoli	Cornbread	Steamed Carrots	Prince Edward Mixed
Cornbread	Dinner Roll	Cornbread	Garlic Bread		Dinner Roll	
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert
Jello	Cookie	Bread Pudding	Pie	Flan	Rice Pudding	Cottage Cheese
Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Menu Week 2

6/9/19 - 6/15/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs	Blueberry Pancakes	Cheese and Eggs	French Toast	Scrambled Eggs	Belgian Waffles	Scrambled Eggs
Hash Browns	Bacon	Home Fries	Sausage Link	w/ Ham & Cheese	Fruit Garnish	Sausage Links
Toast		Toast		English Muffin		Toast
Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold	Choice of Cold
or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal	or Hot Cereal
Butter/ Jelly	Butter & Syrup	Butter/ Jelly	Butter & Syrup	Butter/Jelly	Butter & Syrup	Butter/Jelly
Milk	Milk	Milk	Milk	Milk	Milk	Milk
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea
10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham	Chicken Piccata	Shrimp Alfredo	Meatloaf	Grilled Turkey & Cheese	Roasted Pork Masala	Creamy Garlic Chicken
Pumpkin Spice sweet potato	Roasted Red Potatoes	Egg Noodles	Roasted Red Potatoes	French Fries	Parsley Rice	Fussili Noodles
Vegetable Blend	Vegetable Du Jour	Broccoli	Green Beans	Soup Du jour	Prince Edward Mixed	Vegetable Du Jour
Cornbread	Dinner Roll	Dinner Roll	Dinner Roll		Cornbread	Dinner Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Danish	Brownie	Pop-Over	Cake	Ice Cream	Cake	Muffin
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Sweet & Sour Fillet Fish	Beef Stroganoff	Country Fried Pork Steak	Chicken Primavera	Vegetable Quiche	Balsamic Glazed Fish Fillet	Beef Pot Pie
Steamed Rice	Baked Potato	Mashed Potato	Herb Penne Pasta	Rice Pilaf	Baked Potato	Caesar Salad
Vegetable Capri	Glazed Carrot	Green Peas & Carrots	Braised Cabbage	Broccoli	Vegetable Capri	Cornbread
Dinner Roll	Cornbread		Cornbread	Cornbread	Dinner Roll	
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert
Jello	Cookie	Bread Pudding	Pie	Flan	Rice Pudding	Cottage Cheese
Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Menu Week 3
6/16/19 - 6/22/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs With Cheese Wheat Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Country Scramble Wheat Toast Bacon Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Turkey And Cheese Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry Syrup Cream Choice of Cold or Hot Cereal Margarine Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Father's Day Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Italian Sausage Herb Penne Pasta Chef Salad Garlic Bread Beverage of Choice	Chicken Cacciatore Roasted Red Potato Vegetable Du Jour Dinner Roll Beverage of Choice	Fried Fish with Lemon Cream Rice Pilaf Glazed Carrot Dinner Roll Beverage of Choice	Pasta with Meat Sauce Caesar Salad Dinner Roll Beverage of Choice	Chef Salad Soup Du Jour Dinner Roll Beverage of Choice	BBQ Porklet Ranch Style Beans Green Peas & Carrots Cornbread Beverage of Choice	Chicken Marsala Roasted Red Potato Broccoli Dinner Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Cottage Cheese Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Senior Prom	Dinner	Dinner
Herbed Crusted Fish Rice Pilaf Vegetable Capri Dinner Roll Beverage of Choice	Sloppy Joes Curly Fries Prince Edward Mixed Beverage of Choice	Roasted Pork loin Mashed Potato Peas and Carrots Beverage of Choice	Mandarin Chicken Baked Potato Braised Cabbage Cornbread Beverage of Choice	Quiche Lorraine Rice Pilaf Sautéed Zucchini Beverage of Choice	Roasted Turkey Mashed Potato Vegetable Medley Dinner Roll Beverage of Choice	Sweet & Sour Meatball Steamed Rice Vegetable Du Jour Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

Menu Week 4

6/23/19 - 6/29/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble	Scrambled Eggs	Banana Pancakes	Scrambled Eggs	French Toast	Vegetable Scramble	Belgian Waffles
English Muffin	Sausage	Bacon	Home Fries	Sausage	Toast	with Strawberry syrup
Choice of Cold or Hot Cereal	Toast	Choice of Cold or Hot Cereal	English Muffin	Fruit Garnish	Fruit Garnish	Cream
Butter/Jelly	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal	Choice of Cold or Hot Cereal
Milk	Butter/Jelly	Butter & Syrup	Butter/Jelly	Butter & Syrup	Butter/Jelly	Butter
Juice of Choice	Milk	Milk	Milk	Milk	Milk	Milk
Coffee or Hot Tea	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea	Coffee or Hot Tea
10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack	10 am Snack
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried pork Steak	Chicken Florentine	Fish and Chips	Cheeseburger Macaroni	Pepperoni Pizza	Pork Afritada	Chicken Teriyaki
Rice Pilaf	Roasted Red Potato	Steamed Carrot	Green Peas	Chef Salad	Steamed Rice	Fried Rice
Vegetable Blend	Mixed Veggies	Cornbread	Garlic Bread		Vegetable Du Jour	Stir Fry Vegetables
Cornbread	Garlic Bread				Dinner Roll	Sweet Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Pop-Over	Cake	Parfait	Pudding	Muffin	Cake	Ambrosia
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Dinner	Dinner	Dinner		Dinner	Dinner	Dinner
Blackened Cajun Fish	Homemade Chili	Sweet & Spicy Pork Chop	Cajun Chicken Jambalaya	Grilled Ham & Cheese	Chili Lime Fish Fillet	Meat Lasagna
Baked Potato	Side Salad	Fried Rice	Broccoli	French Fries	Baked Potato	Caesar Salad
Vegetable Capri	Cornbread	Green beans	Cornbread	Prince Edward mixed	Sautéed Zucchini	Garlic Bread
Dinner Roll					Cornbread	
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert
Ice Cream	Peach Cobbler	Brownie	Cake	Bread Pudding	Cookie	Pudding
Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice