



ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts



Special Events

December 2
Hanukkah Begins

December 14
Caroling with
Cub Scouts

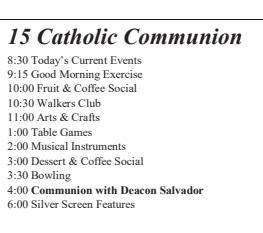
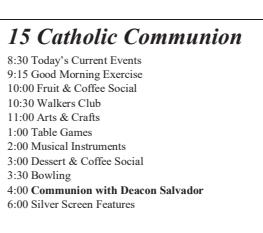
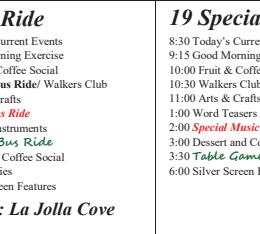
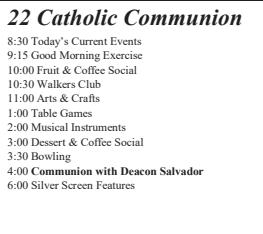
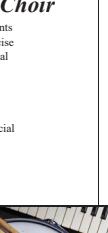
December 25
Christmas Day

December 31
New Year's Eve



ActivCare at Mission Bay December 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2 Hanukkah Begins 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 Sunday Service 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Sunday Service	 3 Tree Trimming Party 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Tree Trimming Party w/ Season's Hospice</i> 1:30 <i>Special Music w/ Gene Hancock</i> 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 <i>Bingo</i> 6:00 Silver Screen Features Special Music	 4 Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride</i> / Walkers Club 11:00 Arts & Crafts 1:15 <i>Scenic Bus Ride</i> 2:00 Musical Instruments 2:45 <i>Scenic Bus Ride</i> 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 5 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Scenic Bus Ride</i> 2:00 <i>Special Music w/ Laura Flores</i> 3:00 Dessert & Coffee Social 3:30 Table Games 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 6 Pamper Me Lovely 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Love on a Leash</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 <i>Pamper Me Lovely</i> 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 7 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Music Hour</i> 2:00 Table Games 3:00 Dessert & Coffee Social 3:30 <i>Bingo</i> 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 1 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Silver Screen Features Bus Ride: Mt. Soledad
 9 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 Sunday Service 2:00 Sing-Along 3:00 Dessert and Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Sunday Service	 10 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Jeopardy 2:00 <i>Music Hour</i> 3:00 Dessert & Coffee Social 3:30 <i>Bingo</i> 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 11 Scenic Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride</i> / Walkers Club 11:00 <i>Humane Society Visit</i> 1:15 <i>Scenic Bus Ride</i> 2:00 Musical Instruments 2:45 <i>Scenic Bus Ride</i> 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 12 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Scenic Bus Ride</i> 2:00 <i>Special Music w/ Myron Frame</i> 3:00 Dessert and Coffee Social 3:30 Table Games 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 13 Love on a Leash 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Love on a Leash</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Trivia 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 14 Picnic Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride</i> / Walkers Club 11:00 Arts & Crafts 1:00 <i>Picnic Bus Ride</i> 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 <i>Bingo</i> 6:00 <i>Caroling with Cub Scouts</i> Bus Ride: Mt. Soledad	 15 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Silver Screen Features Bus Ride: Mt. Soledad
 16 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 Sunday Service 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Sunday Service	 17 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride</i> / Walkers Club 11:00 Arts & Crafts 1:00 Jeopardy 2:00 <i>Special Music w/ Juan Robles</i> 3:00 Dessert Coffee Social 3:30 <i>Bingo</i> 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 18 Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Scenic Bus Ride</i> / Walkers Club 11:00 Arts & Crafts 1:15 <i>Scenic Bus Ride</i> 2:00 Musical Instruments 2:45 <i>Scenic Bus Ride</i> 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 19 Special Music 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Scenic Bus Ride</i> 2:00 <i>Special Music w/ Mark Flores</i> 3:00 Dessert and Coffee Social 3:30 Table Games 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 20 Pajama Day 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 <i>Baking Sugar Cookies</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 <i>Pajama Day</i> 6:00 Silver Screen Features Pajama Day	 21 Picnic Bus Ride 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Picnic Bus Ride</i> 2:00 <i>Staff Christmas Party</i> 3:00 Dessert & Coffee Social 3:30 <i>Bingo</i> 6:00 Silver Screen Features Staff Christmas Party!!!	 22 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Silver Screen Features Bus Ride: Mt. Soledad
 23 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 Sunday Service 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Sunday Service	 24 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Jeopardy 2:00 <i>Music Hour</i> 3:00 Dessert & Coffee Social 3:30 <i>Bingo</i> 6:00 Silver Screen Features Bus Ride: Mt. Soledad	 25 Merry Christmas 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Walkers Club</i> 11:00 Arts & Crafts 1:00 Jeopardy 2:00 <i>Musical Instruments</i> 2:45 <i>Scenic Bus Ride</i> 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Merry Christmas!!!!!!	 26 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <i>Walkers Club</i> 11:00 Arts & Crafts 1:00 <i>Scenic Bus Ride</i> 2:00 <i>Parachute Game</i> 3:00 Dessert and Coffee Social 3:30 Table Games 6:00 Silver Screen Features Scenic Bus Ride	 27 Kenigma Choir 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Kenigma Choir</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Table Games 6:00 <i>Kenigma Choir</i> Kenigma Choir	 28 Bingo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Hangman 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 <i>Bingo</i> 6:00 Silver Screen Features Bingo	 29 Catholic Communion 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Table Games 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 Communion with Deacon Salvador 6:00 Silver Screen Features Bus Ride: Mt. Soledad
 30 Sunday Service 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 Sunday Service 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Silver Screen Features Sunday Service	 31 Birthday Celebration 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 <i>Birthday Celebration</i> 3:30 <i>Bingo</i> 6:00 Silver Screen Features New Year's Eve!!!!!!	 32 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Bingo</i> 2:00 Sing-Along 3:00 <i>Bingo</i> 3:30 <i>Bingo</i> 6:00 Silver Screen Features Bingo	 33 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Parachute Game</i> 2:00 <i>Scenic Bus Ride</i> 3:00 Dessert & Coffee Social 3:30 Table Games 6:00 Silver Screen Features Scenic Bus Ride	 34 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Kenigma Choir</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Table Games 6:00 Silver Screen Features Kenigma Choir	 35 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Bingo</i> 2:00 Sing-Along 3:00 Dessert & Coffee Social 3:30 Table Games 6:00 Silver Screen Features Bingo	 36 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Parachute Game</i> 2:00 <i>Scenic Bus Ride</i> 3:00 Dessert & Coffee Social 3:30 Table Games 6:00 Silver Screen Features Scenic Bus Ride

Activities are subject to change without notice.