



ActivCare Brittany House DECEMBER 2019



Daily Activities

Newsorthy
Current Events

Walker's Club
Neighborhood Strolls

Thinking & Doing
Cognitive Exercises

Musical Moments
Interactive Entertainment

ActivFit
Strength & Agility Fitness

Creative Arts
Artistic Expression

SPECIAL EVENTS

December 10 & 22
Holiday Carolers

December 7 & 14
Girl Scout Visits

December 25
Christmas Day

December 29
Birthday Celebration



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sunday Football 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Neighborhood Walk 4:00 Creative Art: Christmas Loop Garland 6:00 Movie Matinee	2 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Creative Art: Snowman Door Hangers 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	3 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Christmas Cards 1:00 Afternoon Stretching 2:00 Cooking for the Senses: Fruit Salad 3:00 Coffee Social 3:30 Creative Art: Stockings 4:00 Neighborhood Walk 6:00 Name 10	4 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Wreaths 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Creative Art: Santa Ornaments 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	5 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Puzzle Ornaments 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Book Lovers: Short Stories/ Table Top Games 4:00 Neighborhood Walk 6:00 Whiteboard Games	6 Game Day 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Indoor Games/Dice Baseball 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	7 Game Night Girl Scout Troop Visit 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Girl Scout/Daisy #1893 Carolers 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Game Night: Poker/ Games 4:00 Neighborhood Walk 6:00 Movie Matinee
8 Sunday Football 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Neighborhood Walk 4:00 Creative Art: Orange Spice Hangers 6:00 Movie Matinee	9 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Indoor Games/Parachute Game 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	10 Cooking for the Senses Christmas Carolers 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 H.E.A.S. Group-Christmas Carolers 1:00 Afternoon Stretching 2:00 Cooking for the Senses: Gingerbread French Toast 3:00 Coffee Social 3:30 Creative Art: Gingerbread Houses 4:00 Neighborhood Walk 6:00 Name 10	11 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Popsicle Ornaments 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Creative Art: Making Stars 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	12 Book Lover's Day 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Book Lovers: Short Stories 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Indoor Games/ Dice Baseball 4:00 Neighborhood Walk 6:00 Whiteboard Games	13 Game Day 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Indoor Games/ Let's Make a Deal 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	14 Game Night Girl Scout Troop Visit 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Girl Scout Troop #1883 Carolers 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Game Night: Poker/ Games 4:00 Neighborhood Walk 6:00 Movie Matinee
15 Sunday Football 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football 1:00 Afternoon Stretching 3:00 Coffee Social 4:00 Neighborhood Walk 6:00 Movie Matinee	16 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Creative Art: Christmas Globes 4:00 Neighborhood Walk 6:00 Pamper Me Lovely Late Night Christmas Movie	17 Caregiver Support 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Candy Cane Reindeer 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Scrabble 4:00 Neighborhood Walk 4:00 Caregiver Support 6:00 Late Night Christmas Movie	18 Fitness Group USA Yoga Class 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Fitness Group USA/ Yoga Class 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Bowling Games with Staff 4:00 Neighborhood Walk 6:00 Pamper Me Lovely Late Night Christmas Movie	19 Entertainment 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Resident Christmas Party Creative Art: Santa Garland 2:00 Entertainment: "Just-Uss" 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Table Top Games 4:00 Neighborhood Walk 6:00 Late Night Christmas Movie	20 Entertainment 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Entertainment: "G-Strings" 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely Late Night Christmas Movie	21 Game Night 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Writing: Write to a Friend 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Game Night: Poker/ Games 4:00 Neighborhood Walk 6:00 Movie Matinee
22 Bethany Lutheran Carolers 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football Trivia 1:00 Afternoon Stretching 2:00 Bethany Lutheran Carolers 3:00 Coffee Social 3:30 Sunday Football 4:00 Neighborhood Walk 6:00 Movie Matinee	23 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Creative Art: Stocking Stuffers 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	24 Christmas Eve Cooking for the Senses 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Indoor Games/It's in a bag Game 1:00 Afternoon Stretching 2:00 Cooking for the Senses: Decorating Cookies 3:00 Coffee Social 3:30 Creative Art: Snowman Lights 4:00 Neighborhood Walk 4:00 Caregiver Support Group 6:00 Movie Matinee	25 Christmas Day 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Watch the Christmas Parade 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Dance and Sing Christmas Songs 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	26 Book Lover's Day 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Book Lovers: Short Stories 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Indoor Games/Parachute Game 4:00 Neighborhood Walk 6:00 Read a Short Story	27 Game Day 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Indoor Games/Baseball Trivia 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	28 Game Night 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Playing with Colors 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Game Night: Poker/ Games 4:00 Neighborhood Walk 6:00 Movie Matinee
29 Birthday Celebration 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football Fun Facts 1:00 Afternoon Stretching 2:00 Entertainment: "Elvis" 3:00 Coffee Social 3:30 Sunday Football 4:00 Neighborhood Walk 6:00 Movie Matinee	30 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Table Top Games with Staff 4:00 Neighborhood Walk 6:00 Pamper Me Lovely	31 New Year's Eve Cooking for the Senses 9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Song and Dance: Bringing back the memories 1:00 Afternoon Stretching 2:00 Cooking for the Senses: Mini Pizza 3:00 Coffee Social 3:30 Creative Art: New Year Party Hats 4:00 Neighborhood Walk 6:00 Trivia				

Activities are subject to change without notice.