



ActivCare

Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

Special Events

April 1 Easter

April 11 Ice Cream Party

April 25 Birthday Celebration

April 27 Special Music Arbor Day



ActivCare at 4S Ranch

April 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Easter 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 American Pet Therapy Easter Egg Hunt Easter Service 1:30 The History of April Fool's Day 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie April Fool's Day	2 Scenic Bus Ride to Carlshad Flower Fields 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social Walker's Club/Scenic Bus Drive 10:30 The Sunshine Circle Afternoon Stroll/Scenic Bus Ride 2:00 Flower Arranging 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie	3 Nat'l Chocolate Mousse Day 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:45 Art and Crafts Puppy Visit with Izzie and Cheeka Indoor Golf 2:00 Trivia 3:00 Chocolate Mousse Party 3:30 Gratitude is out Attitude 4:00 Chair Yoga 6:00 Movie	4 Yoga with Stef 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise Yoga with Stef in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Arts and Crafts 1:00 Afternoon Stroll Indoor Golf 2:00 Trivia 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn	5 Family Support Group 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise SD Humane Society 10:00 Fruit & Coffee Social 10:30 Walker's Club Family Support Group with Kindred 1:00 Afternoon Stroll 1:00 The Sunshine Circle 1:30 Flower Arranging Mystery Bus Ride 2:00 Mystery Bus Ride 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie Humane Society	6 Special Music 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social SD Humane Society 10:30 The Sunshine Circle 1:00 Afternoon Stroll 1:00 Flower Arranging 1:30 Mystery Bus Ride Music with Kerry Powell 2:00 Mystery Bus Ride 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie Mystery Bus Ride	7 Water Color Class 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 The Sunshine Circle 1:00 Yahtzee in the Club Miniature Golf/Afternoon Stroll 2:00 Garden Club/Musical Instruments 3:00 Dessert & Coffee Social 3:30 Gratitude is Our Attitude 4:00 Trivia Water Colors in the Club 6:00 Movie & Popcorn
8 Catholic Communion 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 The Sunshine Circle 1:00 Bean Bag Toss Sunday Service 2:00 Trivia 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie	9 Scenic Bus Ride to Webb Pond 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social Walker's Club/Scenic Bus Drive 10:30 The Sunshine Circle 1:00 Bean Bag Toss Afternoon Stroll/Scenic Bus Ride 2:00 Flower Arranging 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie	10 Puppy Visit 8:30 Today's Current Events 8:45 Get To Know Your Neighbor Passover Celebration with Rabbi Mendel 9:30 Passover Celebration with Rabbi Mendel 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Good Morning Exercise 1:00 Bean Bag Toss Puppy Visit with Izzie and Cheeka Passover Celebration 3:00 Dessert & Coffee Social 3:30 Gratitude is out Attitude 4:00 Chair Yoga 6:00 Movie	11 Critter Encounter 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club Critter Encounter 1:00 Afternoon Stroll 1:00 Trivia Ice Cream Party with Healthy Living for Senior residents 3:20 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn I Scream, You Scream, We all Scream for Ice Cream	12 Bingo 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 The Sunshine Circle 1:00 Afternoon Stroll 2:00 Horse Shoes Ice Cream Party with Healthy Living for Senior residents 3:20 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn 13 Special Music 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 The Sunshine Circle 1:00 Flower Arranging Music with Laura Flores 2:00 Garden Club/Musical Instruments 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie	14 Water Color Class 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 1:00 Bowling/Afternoon Stroll 2:00 Garden Club/Musical Instruments 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 4:00 Trivia Water Colors in the Club 6:00 Movie & Popcorn	
15 Volunteer Appreciation Brunch 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 The Sunshine Circle 1:00 Volunteer Appreciation Brunch Sunday Service 2:30 Afternoon Stroll 3:00 Dessert & Coffee Social 3:30 Gratitude is Our Attitude 3:45 Sing A Long 6:00 Movie	16 Scenic Bus Ride to Mt. Soledad 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social Walker's Club/Scenic Bus Ride 10:30 The Sunshine Circle 11:30 Yahtzee in the Club 1:00 Flower Arranging Afternoon Stroll/Scenic Bus Ride 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 6:00 Movie	17 Puppy Visit 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 The Sunshine Circle 1:00 Afternoon Stroll 1:00 Horse Shoes Puppy Visit with Izzie and Cheeka 2:00 Jenga in the Club 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Chair Yoga 6:00 Movie	18 Happy Hour 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise Love on a Leash 9:15 Love on a Leash 10:00 Indoor Golf Happy Hour 3:00 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn Love on a Leash	19 VFW Bingo 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Love on a Leash Red Hat Ladies Lunch 12:00 Red Hat Ladies Lunch 1:00 Horse Shoes VFW Bingo 2:00 Sing A Long 3:00 Dessert & Coffee Special 3:30 Gratitude Is our Attitude 3:45 Bocce Ball 6:00 Movie Red Hat Ladies	20 Special Music 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 1:00 Critter Encounter Music with Juan Robles 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Gratitude is Our Attitude 3:45 Sing A Long 6:00 Movie Critter Encounter	21 Water Color Class 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 1:00 Bowling/Afternoon Stroll Music with Juan Robles 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Gratitude is Our Attitude 4:00 Trivia Water Colors in the Club 6:00 Movie & Popcorn
22 Earth Day 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club Earth Crafts 1:00 Trivia Sunday Service 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie	23 Scenic Bus Ride to Veteran's Park 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social Walker's Club/Scenic Bus Ride 10:30 The Sunshine Circle 1:00 Flower Arranging Afternoon Stroll/Scenic Bus Ride 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie	24 Puppy Visit 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 The Sunshine Circle 1:00 Afternoon Stroll Puppy Visit with Izzie and Cheeka 2:00 Dessert & Coffee Social 3:00 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie	25 Birthday Party 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise Birthday Party 9:15 Birthday Party 10:00 Afternoon Stroll 1:00 Trivia 2:00 Squash Ball Birthday Party 3:00 Gratitude Is Our Attitude 3:45 Bowling 6:00 Movie & Popcorn	26 Men's Club Lunch 8:30 Today's Current Event 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 12:00 Men's Club Lunch 1:00 Afternoon Stroll 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bean Bag Toss 6:00 Movie	27 Special Music Arbor Day 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 The Sunshine Circle 1:00 Afternoon Stroll Musical Instruments/Garden Club 2:00 Musical Instruments/Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 4:00 Water Colors in the Club 6:00 Movie & Popcorn	28 Water Color Class 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 The Sunshine Circle 1:00 Afternoon Stroll Music with Andrew Parker Davis 2:00 Musical Instruments/Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 4:00 Water Colors in the Club 6:00 Movie & Popcorn
29 Catholic Communion 8:30 Today's Current Events 8:45 Get To Know Your Neighbors 9:15 Good Morning Exercise Catholic Communion in the Club 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 The Sunshine Circle 1:00 Bowling/Afternoon Stroll Sunday Service 2:30 Trivia 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie	30 Scenic Bus Ride To Lake Hodges 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social Walker's Club/Scenic Bus Ride 10:30 Sunshine Circle 1:00 Flower Arranging Afternoon Stroll/Scenic Bus Ride 2:00 Dessert and Coffee Social 3:00 Dessert and Coffee Social 3:30 Gratitude is our Attitude 3:45 Bingo 6:00 Movie	   	Activities are subject to change without notice.			