

ActivCare at Bressi Ranch

Menu Week 1

8/4/19- 8/10/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Scrambled Eggs	Blueberry Pancakes	Cheese and Eggs	French Toast	Scrambled Eggs	Belgian Waffles	Scrambled Eggs
Hash Browns	Bacon	Home Fries	Sausage Link	w/ Ham & Cheese	Fruit Garnish	Sausage Links
Toast		Toast		English Muffin		Toast
Choice of Cold or Hot Cereal						
Butter/ Jelly	Butter & Syrup	Butter/ Jelly	Butter & Syrup	Butter/Jelly	Butter & Syrup	Butter/Jelly
Milk						
Juice of Choice						
Coffee or Hot Tea						
10 am Snack						
Fresh Fruit						
Beverage of Choice						

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham	Chicken Piccata	Shrimp Alfredo	Meatloaf	Grilled Turkey & Cheese	Roasted Pork Masala	Creamy Garlic Chicken
Pumpkin Spice Sweet Potato	Roasted Red Potatoes	Egg Noodles	Roasted Garlic Parmesan Potatoes	French Fries	Parsley Rice	Fussili Noodles
Vegetable Blend	Vegetable Du Jour	Broccoli	Green Beans	Soup Du jour	Prince Edward Mixed	Vegetable Du Jour
Cornbread	Dinner Roll	Dinner Roll	Dinner Roll		Cornbread	Dinner Roll
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack	3 pm Snack
Danish	Brownie	Pop-Over	Cake	Ice Cream	Cake	Muffin
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Sweet & Sour Fried Fish	Beef Stroganoff	Country Fried Pork Steak	Chicken Primavera	Vegetable Quiche	Balsamic Glazed Fish Fillet	Beef Pot Pie
Steamed Rice	Baked Potato	Mashed Potatoes	Herb Penne Pasta	Rice Pilaf	Cilantro Lime Orzo Pasta Salad	Caesar Salad
Vegetable Capri	Glazed Carrots	Green Peas & Carrots	Braised Cabbage	Broccoli	Vegetable Capri	Cornbread
Dinner Roll	Cornbread		Cornbread	Cornbread	Dinner Roll	
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert	6 pm Dessert
Jello	Cookie	Bread Pudding	Pie	Flan	Rice Pudding	Cottage Cheese
Beverage of Choice	Beverage of Choice	Snack of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice

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Menu Week 2

8/11/19 - 8/17/19

ActivCare at Bressi Ranch

Menu Week 3

8/18/18 - 8/24/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Bacon Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Home Fries English Muffin Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs French Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Pork Steak Rice Pilaf Vegetable Blend Cornbread Beverage of Choice	Chicken Florentine Roasted Red Potatoes Mixed Veggies Garlic Bread Beverage of Choice	Battered Fish w/ Tartar Sauce Season French Fries Vegetable Du Jour Cornbread Beverage of Choice	Cheeseburger Macaroni Green Peas Garlic Bread Beverage of Choice	Pepperoni Pizza Chef Salad Beverage of Choice	Pork Afritada Steamed Rice Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Teriyaki Fried Rice Stir Fry Vegetables Sweet Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Parfait Beverage of Choice	3 pm Snack Pudding Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Blackened Cajun Fish Garlic & Herb Smash Potatoes Vegetable Capri Dinner Roll Beverage of Choice	Homemade Chili Side Salad Cornbread Beverage of Choice	Sweet & Spicy Pork Chop Fried Rice Green Beans Beverage of Choice	Cajun Chicken Jambalaya Broccoli Cornbread Beverage of Choice	Grilled Ham & Cheese French Fries Prince Edward mix Beverage of Choice	Chili Lime Fish Fillet Roasted Garlic Parmesan Potatoes Sautéed Zucchini Cornbread Beverage of Choice	Meat Lasagna Caesar Salad Garlic Bread Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Brownie Snack of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Bread Pudding Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 4

8/25/19 - 8/31/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Bacon Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Luau/Chef's Table	Lunch	Lunch
Pork Diablo Roasted Red Potatoes Vegetable Capri Dinner Roll Beverage of Choice	Parmesan Crusted Baked Fish Baked Potato Steamed Carrots Dinner Roll Beverage of Choice	Chicken Fajitas Spanish Rice 5-Way-Veggies Cornbread Beverage of Choice	Creamy Beef Noodles Green beans Garlic Bread Beverage of Choice	Chicken Katsu w/ Curry Sauce Macaroni Salad Coleslaw Hawaiian Roll Beverage of Choice	Lemon Creamy Pork Chop Cilantro Lime Orzo Pasta Salad Peas and Carrots Sweet Roll Beverage of Choice	Chicken & Potato Baked Casserole Vegetable Capri Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Shrimp Tempura Curly Fries Vegetable Du Jour Cornbread Beverage of Choice	Kalua Pork Ranch Style Bean Sautéed Spinach Cornbread Beverage of Choice	Beef Taco Casserole Vegetable Du Jour Dinner Roll Beverage of Choice	Sweet and Sour Chicken Steamed Rice Sautéed Zucchini Cornbread Beverage of Choice	Kalua Pork Roasted Potatoes Carrot Coins Cornbread Beverage of Choice	Fried Fish Cilantro Gremolata Garlic Chive Butter Potatoes 5-Way-Veggies Cornbread Beverage of Choice	Hot Dog Curly Fries Steamed Carrots Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice