



# ActivCare at Mission Bay

## April 2018



### ActivCare

### Daily Activities

What's News  
Music That Matters  
Exercise in Motion  
Think It - Say It  
Neighborhood Walks  
Creative Arts

### Special Events

**April 1**  
*Easter*

**April 11**  
*Cooking for the Senses*

**April 22**  
*Earth Day*

**April 27**  
*Birthday Celebration*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 Sunday Service</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <b>Easter Egg Hunt</b> 1:30 <b>Sunday Service</b> 2:00 Sing A Long 3:00 Desert & Coffee Social 3:30 Short Stories 6:00 Movie Night	<b>2 Bingo</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Desert & Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>3 Bus Ride</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>Scenic Bus Ride/ Walkers Club</b> 11:00 Arts & Crafts 1:00 Scenic bus ride 2:00 Musical Instruments 2:45 Scenic bus ride 3:00 Dessert & coffee social 3:30 Short stories 6:00 Movie Night	<b>4 Special Music</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 <b>Special Music w/ Laura Flores</b> 3:00 Dessert and Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>5 Pamper Me Lovely</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 11:15 <b>Senior fitness class</b> 1:00 Trivia 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Pamper me lovely	<b>6 Bingo</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Hangman 2:00 Music Hour 3:00 Desert & Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>7 Catholic Communion</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Art & Crafts 1:00 <i>Table Games</i> 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 <b>Communion with Deacon Salvador</b> 6:00 Movie Night
<b>8 Sunday Service</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <b>Sunday Service</b> 2:00 Sing A Long 3:00 Desert & Coffee Social 3:30 Short Stories 6:00 Movie Night	<b>9 Bingo</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Desert & Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>10 Bus Ride</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>Scenic Bus Ride/ Walkers Club</b> 11:00 Arts & Crafts 1:00 Scenic bus ride 2:00 Musical Instruments 2:45 Scenic bus ride 3:00 Dessert & coffee social 3:30 Short stories	<b>11 Special Music</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 <b>Special Music w/ Myron Frame</b> 3:00 Dessert and Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>12 Love on a leash</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 Picnic Bus Ride 1:00 Hangman 2:00 Music Hour 3:00 Desert & Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>13 Picnic Bus Ride</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 Picnic Bus Ride 1:00 Hangman 2:00 Music Hour 3:00 Desert & Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>14 Catholic Communion</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Art & Crafts 1:00 <i>Table Games</i> 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 <b>Communion with Deacon Salvador</b> 6:00 Movie Night
<b>15 Sunday Service</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <b>Sunday Service</b> 2:00 Sing A Long 3:00 Desert and Coffee Social 3:30 Short Stories 6:00 Movie night	<b>16 Bingo</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 12:00 <b>Women club luncheon</b> 1:00 Ladder Ball 2:00 Music Hour 3:00 Dessert & coffee social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>17 Bus Ride</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>Scenic Bus Ride/ Walkers Club</b> 11:00 Arts & Crafts 1:15 Scenic bus ride 2:00 Musical instruments 2:45 Scenic bus ride 3:00 Dessert & Coffee Social 3:30 Short Stories	<b>18 Special Music</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00-Word Teaser 2:00 <b>Music w/ Juan Robles</b> 3:30 dessert & coffee social 3:30 <b>Bingo</b> 6:00 movie night	<b>19 Pamper me lovely</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:15 <b>Senior Fitness Class</b> 11:00 Arts & Crafts 1:00 Trivia 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Pamper me lovely	<b>20 Bingo</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>Walkers club</b> 11:00 Arts & Crafts 1:00 Hangman 2:00 Great room <b>tea party</b> 3:00 Dessert & Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>21 Catholic Communion</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & crafts 1:00 <i>Table Games</i> 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 <b>Communion with Deacon Salvador</b> 6:00 Movie Night
<b>22 Sunday Service</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <b>Sunday Service</b> 2:00 Sing A Long 3:00 <b>Dessert &amp; coffee social</b> 3:30 Short Stories 6:00 Movie night	<b>23 Bingo</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 <b>Club Tea Party</b> 3:00 Dessert Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night  <i>Club Tea Party &amp; Poetry</i>	<b>24 Bus Ride</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 <b>Scenic Bus Ride/ Walkers Club</b> 11:00 Arts & Crafts 1:15 Scenic bus ride 2:00 Musical Instruments 2:45 Scenic bus ride 3:00 Dessert & coffee social 3:30 Short Stories 6:00 Movie Night	<b>25 Cooking for the Senses</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Word Teasers 2:00 Cooking for the Senses 3:00 Dessert and Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night	<b>26 Love on a Leash</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Love on a leash 2:00 <b>Sing a Long</b> 3:00 Dessert & Coffee Social 3:30 <b>Trivia</b> 6:00 Movie Night	<b>27 Birthday Celebration</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Hangman 2:00 Music Hour 3:00 <b>Birthday Celebration</b> 3:30 <b>Bingo</b> 6:00 Movie Night  <i>Arbor Day</i>	<b>28 Catholic Communion</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 <i>Table Games</i> 2:00 Musical Instruments 3:00 Dessert & Coffee Social 3:30 Bowling 4:00 <b>Communion with Deacon Salvador</b> 6:00 Movie Night
<b>29 Sunday Service</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Trivia 1:30 <b>Sunday Service</b> 2:00 Sing A Long 3:00 Dessert & Coffee Social 3:30 Short Stories 6:00 Movie Night	<b>30 Bingo</b> 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Arts & Crafts 1:00 Ladder Ball 2:00 Music Hour 3:00 Dessert & Coffee Social 3:30 <b>Bingo</b> 6:00 Movie Night					