



ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

Special Events

February 2 Groundhog Day

February 14 Valentine's Day

February 18 Presidents' Day

February 27 Birthday Celebration



ActivCare at Brittany House February 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
3 SUPER BOWL!!! 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 I Hear Memories/ Football 1:30 Music and Motion 3:00 Coffee Social 3:30 FOOTBALLLLL!!! 4:00 Neighborhood Walk 6:00 Movie Matinee	4 Rosa Parks Day 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 2:00 Pet Therapy 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Who is Rosa Parks?	5 Chinese New Year/ Year of the Pig 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Chinese Lanterns 1:30 Group Discussion/ Chinese New Year 3:00 Coffee Social 3:30 Be the Judge 4:00 Neighborhood Walk 6:00 Movie Matinee	6 Cooking for the Senses 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 2:00 Cooking for the Senses: Sugar Heart Cookies 3:00 Coffee Social 3:30 Country Life & Reminiscing 4:00 Neighborhood Walk 6:00 White Board Games	7 9:15 Today Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Heart Garland 1:30 Group Discussion/ This Day in History 3:00 Coffee Social 3:30 Bowling 4:00 Neighborhood Walk 6:00 Finishing Lines	8 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Flower Arrangements 1:30 White Board Games 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 White Board Games	9 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:30 Group Discussion/ This Day in History 3:00 Coffee Social 3:30 Ball Toss/ Table Top Games 4:00 Neighborhood Walk 6:00 Movie Matinee
10 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Making Valentine's Day Cards 1:30 Group Discussion/ This Day in History 3:00 Coffee Social 3:30 Creative Writing 4:00 Neighborhood Walk 6:00 Movie Matinee	11 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Valentine's Door Hangers 2:00 Pet Therapy 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Sing-Along Music & Movement	12 Lincoln's Birthday 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Valentine's Wreaths 2:00 Ball Toss & Talk 3:00 Coffee Social 3:30 Facts About Abraham Lincoln 4:00 Neighborhood Walk 6:00 Movie Matinee	13 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:30 Group Discussion/ Malcolm X 3:00 Coffee Social 3:30 Table Top Games w/ Staff 4:00 Neighborhood Walk 6:00 Movie Matinee	14 Valentine's Day/ Valentine's Ball 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Paper Tear Hearts 1:30 White Board Games 2:00 Valentine's Ball 3:00 Coffee Social 3:30 You Be the Judge 4:00 Neighborhood Walk 6:00 Trivia for the Young at Heart	15 Susan B. Anthony's Birthday 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Working w/ Water Colors 1:30 Group Discussion/ Who is Susan B. Anthony? 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Country Life Trivia & Reminiscence	16 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:30 Group Discussion/ This Day in History 3:00 Coffee Social 3:30 White Board Games 4:00 Neighborhood Walk 6:00 Movie Matinee
17 Random Acts of Kindness Day 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Sing-Along Music & Movements 1:30 Group Discussion/ This Day in History 3:00 Coffee Social 3:30 Talk & Toss Ball 4:00 Neighborhood Walk 6:00 Movie Matinee	18 Presidents' Day 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 2:00 Pet Therapy 3:00 Coffee Social 3:30 President's Facts & Trivia 4:00 Neighborhood Walk 6:00 Scrapbooking/ America the Beautiful	19 Chocolate Mint Day 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Scrapbooking: Lovable Memories 1:30 Finishing Lyrics/ Birds & Beasts 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Caregiver Support Group 6:00 White Board Games	20 Cooking for the Senses 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 2:00 Cooking for the Senses: Chocolate Covered Pretzels 3:00 Coffee Social 3:30 Acrostic Poems 4:00 Neighborhood Walk 6:00 Movie Matinee	21 9:15 Today Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Bird Cages 1:30 Group Discussion/ Who Inspires Me? 3:00 Coffee Social 3:30 Sing, Dance, Reminisce 4:00 Neighborhood Walk 6:00 I hear Memories/ Camping	22 George Washington's Birthday 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:30 Group Discussion/ This Day in History 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Everyday Life Trivia	23 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:30 Group Discussion/ This Day in History 3:00 Coffee Social 3:30 Sharing Recipes 4:00 Neighborhood Walk 6:00 Movie Matinee
24 Tortilla Chip Day 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Table Top Games w/ Staff 1:30 Group Discussion/ Martin Luther King 3:00 Coffee Social 3:30 Pictionary 4:00 Neighborhood Walk 6:00 Movie Matinee	25 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 2:00 Pet Therapy 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Movie Matinee	26 Tell a Fairy Tale Day 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Scrapbooking: Nature Scenes 1:30 Group Discussion 3:00 Coffee Social 4:00 Neighborhood Walk 6:00 Movie Matinee	27 Birthday Celebration 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 2:00 Music Entertainment: Elvis 3:00 Coffee Social 3:30 Everyday Life Trivia 4:00 Neighborhood Walk 6:00 Movie Matinee	28 9:15 Today's Current Events 9:45 Grooming and Shaving 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Arts: Mardi Gras Masks 2:00 Music & Motion 3:00 Coffee Social 3:30 Everyday Life Trivia 4:00 Neighborhood Walk 6:00 Movie Matinee		

Activities are subject to change without notice.