



ActivCare

Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

SPECIAL EVENTS

August 2

Men's Club Lunch

August 15

Red Hat Club

August 25

Birthday Celebration

August 29

Luau Celebration



ActivCare at Bressi Ranch

August 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Every Day 10:00 Fruit Social 12:00 Lunch 3:00 Dessert Social 5:00 Dinner			1 Biography Club 8:30 Local News 9:00 Chair Exercise 10:30 Walkers Club 10:30 Flower Arranging 10:30 Therapy Dog Visits 1:00 Bowling with Friends 1:30 Balloon Volleyball 2:00 Unlock the Memories 3:30 Biography Club 6:00 Moonlight Movie	2 Men's Lunch 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 Balloon Badminton 12:00 Men's Lunch 1:00 Basketball Toss 1:30 Velcro Catch 2:00 Sing Along 3:30 BINGO 6:00 Moonlight Movie	3 Watermelon Day 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 Anagrams 1:00 Parachute Activity 1:30 Watercolor: Watermelons 2:00 Watermelon Party 3:30 Bowling Challenge 6:00 Moonlight Movie	
4 Crafting Circle 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:00 Bocce Ball 1:30 Bat the Balloon 2:00 Timeless Trivia 3:30 Crafting: Watercolor Butterflies 6:00 Moonlight Movie	5 Musicstation 8:30 Local News 9:00 Chair Exercise 10:30 Walkers Club 10:30 Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 1:00 Entertainment with Musicstation! 2:00 Finish the Phrase 3:30 BINGO 6:00 Moonlight Movie	6 Music with Lew 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Parachute Activity 1:00 Sing Along 2:00 Reminiscing Circle 3:30 Music with Lew 6:00 Moonlight Movie	7 Bus Rides 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Ride 10:30 Discussion Group: Favorite Color & Personality 1:00 Bean Bag Toss 1:00 Scenic Bus Ride: Lake Hodges 1:30 Chicken Soup for the Soul 2:00 Armchair Pilates 3:30 In the Kitchen: English Muffin Pizzas 6:00 Moonlight Movie	8 Violin Music with John 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Putting on the Green 10:30 Therapy Dog Visits 1:15 Violin Music with John 3:30 Biography Club 6:00 Moonlight Movie	9 Bingo 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 Name 5 Game 1:00 Basketball Toss 1:30 Parachute Circle 2:00 Unlock the Memories 3:30 BINGO 6:00 Moonlight Movie	10 Popcorn Party 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 Balloon Badminton 1:00 Toss and Talk Ball 1:30 Popcorn and Movie Star Trivia 3:30 Sing Along with Instruments 6:00 Moonlight Movie
11 Banana Splits 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:00 Indoor Bocce Ball 1:30 Toss and Talk Trivia Ball 2:00 Brain Games 3:30 In the Kitchen: Banana Splits 6:00 Moonlight Movie	12 Special Speaker 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club 10:30 Holy Communion 10:30 Special Speaker: History of The Midway 1:00 Bean Bag Toss Challenge 1:30 Balloon Badminton 2:00 Trivia Fun 3:30 BINGO 6:00 Moonlight Movie	13 Music with Lew 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Large Card Trivia 1:00 Sing Along 2:00 Cooking for the Senses with Chef Mike 1:00 Bean Bag Toss Challenge 1:30 Balloon Badminton 2:00 Trivia Fun 3:30 BINGO 6:00 Moonlight Movie	14 Bus Rides 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Ride 10:30 White Board Brain Games 1:00 Afternoon Simple Stretch 1:00 Bus Ride: Milkshakes by the Beach 1:30 Toss and Talk Trivia Ball 2:00 Around the World in 80 Treasures 3:30 Crafting Corner: Luau Frames 6:00 Moonlight Movie	15 Red Hat Club 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Putting on the Green 10:30 Therapy Dog Visits 1:00 Sing Along with Instruments 1:30 Red Hat Club 2:00 Unlock the Memories 3:30 Biography Club 6:00 Moonlight Movie	16 Bus Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 Pepper Tree Park/ 1:00 Bean Bag Toss Challenge 1:00 Balloon Badminton 1:00 Scenic Bus Ride 1:30 Neighborhood Sing Along 3:30 BINGO 6:00 Moonlight Movie	17 Creative Writing 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 Creative Writing Club or Sing Along 1:00 Bat the Balloon Game 1:30 Horseshoe Fun 2:00 Scenic Cruises of the World 3:30 Beading or Cereal Stringing for the Birds 6:00 Moonlight Movie
18 History Club 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:00 Indoor Horseshoes 1:30 Bean Bag Toss Challenge 2:00 Finish the Phrase Game 3:30 History Club 6:00 Moonlight Movie	19 Music with Rosemarie 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club 10:30 Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 1:15 Music with Rosemarie 3:30 BINGO 6:00 Moonlight Movie	20 Ladies Lunch 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 White Board Games 12:00 Ladies Lunch with Carmen 1:00 Timeless Trivia 2:00 Garden Stroll and Watering 3:30 Music with Lew 6:00 Moonlight Movie	21 Bus Rides 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Ride 10:30 Trivia Fun 1:00 Bat the Balloon Game 1:00 Bus Field Trip: Gemology Institute 1:30 Sing Along 3:30 Sing Along with Susie Q. 6:00 Moonlight Movie	22 Flower Arranging 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Flower Arranging 10:30 Therapy Dog Visits 1:00 Bocce Ball 2:00 Lawrence Welk 3:30 Colored Pencils: Hawaiian Flowers 6:00 Moonlight Movie	23 Bingo 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 Men's Fitness 1:00 Chip Chuckin' Challenge 1:30 Fishing Game 2:00 Sentimental Reflections 3:30 BINGO 6:00 Moonlight Movie	24 Dog Days of Summer 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 Dog Days of Summer: Cool Off with Fruit Smoothies! 1:00 Lemonade in the Gazebo 1:30 Velcro "Baseball" Catch 2:00 Easy Yoga 3:30 Sensory Basket: Summer Vacation Reminiscing 6:00 Moonlight Movie
25 Birthday Celebration 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:15 Birthday Celebration Music with Almario 3:30 Colored Pencils, Tabletop Games, & Puzzles 6:00 Moonlight Movie	26 Bible Study 8:30 Good Morning America 9:00 Chair Yoga with Carmen 10:30 Walkers Club 10:30 Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 1:00 Bean Bag Toss Challenge 1:30 Velcro Catch 2:00 Bible Study 3:30 BINGO 6:00 Moonlight Movie	27 Music with Lew 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Name 5 Game 1:00 Balloon Badminton 2:00 Sentimental Reflections 3:30 Music with Lew 6:00 Moonlight Movie	28 Bus Rides 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Ride 10:30 Timeless Trivia 1:00 Balloon Badminton 1:00 Bus Field Trip: Lake Wohlford & Picnic Snacks 1:30 I Hear Memories 2:00 Name the State 3:30 Resident in the Spotlight 6:00 Moonlight Movie	29 Luau Celebration! 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:45 Hawaiian Luau Dancers! 12:00 Chef's Table: Hawaiian Lunch 1:00 Leis & Piña Coladas 1:30 "Cool Hand Ukes" Ukulele Performance 3:30 Travelogue: Sights and Tastes of Hawaii 6:00 Moonlight Movie	30 Bingo 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 Textured Ball Toss 12:00 Picnic in the Park 1:00 Bowling Fun 1:30 Trivia Challenge 2:00 I Love Lucy Comedy 3:30 BINGO 6:00 Moonlight Movie	31 Frozen Yogurt Shop 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 Walk to Frozen Yogurt Shop or Popsicles and Summer Poems 1:00 Bean Bag Target 1:30 Horseracing Game 2:00 Singing with Susie Q 3:30 Fun with Clay 6:00 Moonlight Movie

Activities are subject to change without notice.