



## ActivCare Daily Activities



# ActivCare at Bressi Ranch August 2019



What's News  
Music That Matters  
Exercise in Motion  
Think It - Say It  
Neighborhood Walks  
Creative Arts

## SPECIAL EVENTS

August 2  
Men's Club Lunch

August 15  
Red Hat Club

August 25  
Birthday Celebration

August 29  
Luau Celebration



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Every Day</b> <b>10:00 Fruit Social</b> <b>12:00 Lunch</b> <b>3:00 Dessert Social</b> <b>5:00 Dinner</b>						
<b>4 Crafting Circle</b> 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:00 Bocce Ball 1:30 Bat the Balloon 2:00 Timeless Trivia 3:30 <b>Crafting: Watercolor Butterflies</b> 6:00 Moonlight Movie	<b>5 Musicstation</b> 8:30 Local News 9:00 Chair Exercise 10:30 Walkers Club 10:30 <b>*Holy Communion</b> 10:30 <i>Love on a Leash</i> 11:00 Animal Study Group 1:00 <b>Entertainment with Musicstation!</b> 2:00 Finish the Phrase 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>6 Music with Lew</b> 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Parachute Activity 1:00 Sing Along 2:00 Reminiscing Circle 3:30 <b>Music with Lew</b> 6:00 Moonlight Movie	<b>7 Bus Rides</b> 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ <b>Scenic Bus Ride</b> 10:30 Discussion Group: Favorite Color & Personality 1:00 Bean Bag Toss 1:00 <b>Scenic Bus Ride: Lake Hodges</b> 2:00 Armchair Pilates 3:30 <b>In the Kitchen:</b> <b>English Muffin Pizzas</b> 6:00 Moonlight Movie	<b>8 Violin Music with John</b> 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Putting on the Green 10:30 <b>Therapy Dog Visits</b> 1:15 <b>Violin Music with John</b> 3:30 Biography Club 6:00 Moonlight Movie	<b>9 Bingo</b> 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 Name 5 Game 1:00 Basketball Toss 1:30 Parachute Circle 2:00 Unlock the Memories 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>10 Popcorn Party</b> 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 Balloon Badminton 1:00 Toss and Talk Ball 1:30 <b>Popcorn and Movie Star Trivia</b> 3:30 Sing Along with Instruments 6:00 Moonlight Movie
<b>11 Banana Splits</b> 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:00 Indoor Bocce Ball 1:30 Toss and Talk Trivia Ball 2:00 Brain Games 3:30 <b>In the Kitchen: Banana Splits</b> 6:00 Moonlight Movie	<b>12 Special Speaker</b> 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club 10:30 <b>*Holy Communion</b> 10:30 <b>Special Speaker:</b> <i>History of The Midway</i> 1:00 Bean Bag Toss Challenge 1:30 Balloon Badminton 2:00 Trivia Fun 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>13 Music with Lew</b> 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Large Card Trivia 1:00 Sing Along 2:00 <b>Cooking for the Senses</b> <b>with Chef Mike</b> 3:30 <b>Music with Lew</b> 6:00 Moonlight Movie	<b>14 Bus Rides</b> 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ <b>Scenic Bus Ride</b> 10:30 White Board Brain Games 1:00 Afternoon Simple Stretch 1:00 <b>Bus Ride: Milkshakes</b> <b>by the Beach</b> 1:30 Toss and Talk Trivia Ball 2:00 Around the World in 80 Treasures 3:30 <b>Crafting Corner: Luau Frames</b> 6:00 Moonlight Movie	<b>15 Red Hat Club</b> 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Putting on the Green 10:30 <b>Therapy Dog Visits</b> 1:00 Sing Along with Instruments 1:30 <b>Red Hat Club</b> 2:00 <i>Unlock the Memories</i> 3:30 Biography Club 6:00 Moonlight Movie	<b>16 Bus Ride</b> 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 <b>Walk to Pepper Tree Park/</b> Bean Bag Toss Challenge 1:00 Balloon Badminton 1:00 <b>Scenic Bus Ride</b> 1:30 Neighborhood Sing Along 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>17 Creative Writing</b> 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 <b>Creative Writing Club</b> or Sing Along 1:00 Bat the Balloon Game 1:30 Horseshoe Fun 2:00 Scenic Cruises of the World for the Birds 3:30 Beading or Cereal Stringing 6:00 Moonlight Movie
<b>18 History Club</b> 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:00 Indoor Horseshoes 1:30 Bean Bag Toss Challenge 2:00 Finish the Phrase Game 3:30 History Club 6:00 Moonlight Movie	<b>19 Music with Rosemarie</b> 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club 10:30 <b>*Holy Communion</b> 10:30 <i>Love on a Leash</i> 11:00 Animal Study Group 1:15 <b>Music with Rosemarie</b> 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>20 Ladies Lunch</b> 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 White Board Games 12:00 <b>Ladies Lunch</b> <b>with Carmen</b> 1:00 Timeless Trivia 2:00 Garden Stroll and Watering 3:30 <b>Music with Lew</b> 6:00 Moonlight Movie	<b>21 Bus Rides</b> 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ <b>Scenic Bus Ride</b> 10:30 Trivia Fun 1:00 Bat the Balloon Game 1:00 <b>Bus Field Trip:</b> <b>Gemology Institute</b> 1:30 Sing Along 3:30 Sing Along with Susie Q. 6:00 Moonlight Movie	<b>22 Flower Arranging</b> 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Flower Arranging 10:30 <b>Therapy Dog Visits</b> 1:00 Bocce Ball 2:00 Lawrence Welk 3:30 Colored Pencils: Hawaiian Flowers 6:00 Moonlight Movie	<b>23 Bingo</b> 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 <b>Men's Fitness</b> 1:00 Chip Chuckin' Challenge 1:30 Fishing Game 2:00 Sentimental Reflections 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>24 Dog Days of Summer</b> 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 <b>Dog Days of Summer:</b> <b>Cool Off with Fruit Smoothies!</b> 1:00 Lemonade in the Gazebo 1:30 Velcro "Baseball" Catch 2:00 Easy Yoga 3:30 <b>Sensory Basket:</b> <b>Summer Vacation Reminiscing</b> 6:00 Moonlight Movie
<b>25 Birthday Celebration</b> 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Spiritual Readings & Hymns 1:15 <b>Birthday Celebration</b> <b>Music with Almario</b> 3:30 Colored Pencils, Tabletop Games, & Puzzles 6:00 Moonlight Movie	<b>26 Bible Study</b> 8:30 Good Morning America 9:00 Chair Yoga with Carmen 10:30 Walkers Club 10:30 <b>*Holy Communion</b> 10:30 <i>Love on a Leash</i> 1:00 Animal Study Group 1:00 Bean Bag Toss Challenge 1:30 Velcro Catch 2:00 <b>Bible Study</b> 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>27 Music with Lew</b> 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Name 5 Game 1:00 Balloon Badminton 2:00 Sentimental Reflections 3:30 <b>Music with Lew</b> 6:00 Moonlight Movie	<b>28 Bus Rides</b> 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ <b>Scenic Bus Ride</b> 10:30 Timeless Trivia 1:00 Balloon Badminton 1:00 <b>Bus Field Trip: Lake Wohlford</b> <b>&amp; Picnic Snacks</b> 1:30 I Hear Memories 2:00 Name the State 3:30 Resident in the Spotlight 6:00 Moonlight Movie	<b>29 Luau Celebration!</b> 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:45 <b>Hawaiian Luau Dancers!</b> 12:00 <b>Chef's Table: Hawaiian Lunch</b> 1:00 <b>Leis &amp; Piña Coladas</b> 1:30 <b>"Cool Hand Ukies"</b> <b>Ukulele Performance</b> 3:30 <b>Travelogue:</b> <b>Sights and Tastes of Hawaii</b> 6:00 Moonlight Movie	<b>30 Bingo</b> 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club 10:30 Chip Chuckin' Game/ Textured Ball Toss 12:00 <b>Picnic in the Park</b> 1:00 Bowling Fun 1:30 Trivia Challenge 2:00 <i>I Love Lucy</i> Comedy 3:30 <b>BINGO</b> 6:00 Moonlight Movie	<b>31 Frozen Yogurt Shop</b> 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:30 <b>Walk to Frozen Yogurt Shop or</b> <b>Popsicles and Summer Poems</b> 1:00 Bean Bag Target 1:30 Horseshoe Game 2:00 Singing with Susie Q 3:30 Fun with Clay 6:00 Moonlight Movie

Activities are subject to change without notice.