



# ActivCare at 4S Ranch June 2017

Happy  
*Father's*  
Day

## ActivCare Daily Activities

Neighborhood Walks

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Creative Arts

## Special Events

June 13

Cupcake Party

June 14

Flag Day




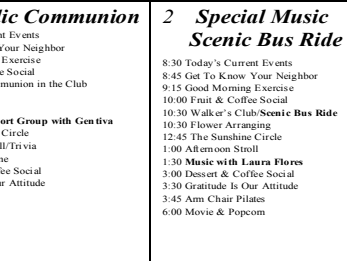
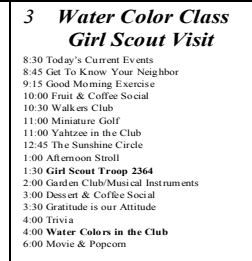

June 18

Father's Day

June 21

Birthday Party



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<b>4 Sunday Service</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 American Pet Therapy Visit 10:30 Girl Scout Troop 8766 11:30 Walkers Club 11:30 Trivia 12:45 The Sunshine Circle 1:00 Bean Bag Toss 1:30 Sunday Service 2:30 Fanning 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing a Long 6:00 Movie	<b>5 Scenic Bus Ride</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club/Scenic Bus Drive 11:00 Finish the Quote 12:45 The Sunshine Circle 1:00 Afternoon Stroll/Scenic Bus Ride 2:00 Flower Arranging 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie	<b>6 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Ball Toss 11:00 Puppy Visit with Izzie and Cheeka 12:45 The Sunshine Circle 1:00 Afternoon Stroll 1:00 Bowling 2:00 Word Games 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Chair Yoga 6:00 Movie	<b>7 Love on a Leash</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Love on a Leash 12:45 The Sunshine Circle 1:00 Afternoon Stroll 1:00 Bowling 3:00 Cooking for the Senses 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn 6:00 Family Support Group with The Elizabeth Hospice	<b>8 Catholic Communion</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Catholic Communion in the Club 10:30 Nature Walk 10:30 Arts & Crafts 12:45 The Sunshine Circle 1:00 Afternoon Stroll/Trivia 2:00 Horseshoes 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 4:00 Sing A Long 6:00 Movie	<b>9 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Flower Arranging 12:45 The Sunshine Circle 1:00 Afternoon Stroll 1:30 Music with Juan Robles 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn	<b>10 Water Color Class</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Miniature Golf 1:00 Bowling 2:00 Garden Club/Musical Instruments 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing a Long 4:00 Water Colors in the Club 6:00 Movie & Popcorn
<b>11 Sunday Service</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Parachute Fun 11:00 Uno in the Club 12:45 The Sunshine Circle 1:30 Sunday Service 2:30 Afternoon Stroll/Scenic Bus Ride 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing a Long 6:00 Movie	<b>12 Scenic Bus Ride</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club/Scenic Bus Ride 11:30 Ball Toss 11:30 Yahtzee in the Club 12:45 The Sunshine Circle 1:00 Flower Arranging 1:00 Afternoon Stroll/Scenic Bus Ride 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie	<b>13 Cupcake Lover's Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 11:00 Puppy Visit with Izzie and Cheeka 12:30 Music Class with Westley 10:30 Afternoon Stroll 2:00 Jenga in the Club 3:00 Cupcake Party 3:30 Gratitude Is Our Attitude 3:45 Chair Yoga 6:00 Movie	<b>14 Humane Society Flag Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Humane Society Visit 11:30 Walker's Club 12:45 The Sunshine Circle 1:00 Flag Making Craft 1:30 Afternoon Stroll 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn	<b>15 Men's Club Lunch Catholic Communion</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Bowling 10:30 Catholic Communion in the Club 11:30 Nature Walk 11:30 Nature Walk 12:45 The Sunshine Circle 12:45 The Sunshine Circle 1:30 Trivia 1:30 Yahtzee in the Club 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bocce Ball 6:00 Movie	<b>16 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Nature Walk 10:30 Flower Arranging 12:45 The Sunshine Circle 1:30 Music with Adrian Ironhorse 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 6:00 Movie	<b>17 Water Color Class</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 11:00 Bowling 12:45 The Sunshine Circle 1:00 Miniature Golf/Afternoon Stroll 2:00 Musical Instruments/Garden Club 3:30 Gratitude Is Our Attitude 3:45 Trivia 4:00 Water Colors in the Club 6:00 Movie & Popcorn
<b>18 Father's Day Belly Dancers</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 American Pet Therapy Visit 11:30 Ball Toss 12:30 Father's Day Lunch 1:00 Mystic Mirage Belly Dancers 1:30 Sunday Service 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing a Long 6:00 Movie	<b>19 Flower Arranging</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 Flower Arranging 12:45 The Sunshine Circle 1:00 Afternoon Stroll 1:30 Bowling 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie	<b>20 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Puppy Visit with Izzie and Cheeka 12:45 The Sunshine Circle 1:00 Afternoon Stroll 1:00 Art and Crafts 2:00 Ball Toss 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing a Long 6:00 Movie	<b>21 Birthday Party First Day of Summer</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Love on a Leash 12:45 The Sunshine Circle 1:00 Afternoon Stroll 2:00 Squash Ball 3:00 Birthday Party 3:30 Gratitude Is Our Attitude 3:45 Arm Chair Pilates 6:00 Movie & Popcorn	<b>22 San Diego Fair VFW Visit</b> 8:30 Today's Current Event 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Catholic Communion in the Club 10:30 Trivia 10:30 Trip to the San Diego Fair 11:30 Nature Walk 12:45 The Sunshine Circle 12:45 Arts and Crafts 1:00 Afternoon Stroll 1:00 VFW Visit 2:00 Horseshoes 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bean Bag Toss 6:00 Movie	<b>23 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Music with Glenn Kramer 11:30 Walker's Club/Parachute Fun 12:45 The Sunshine Circle 12:45 Flower Arranging 1:00 Afternoon Stroll 2:30 Finish the Quote 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 6:00 Movie	<b>24 Water Color Class</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Ball Toss 12:45 The Sunshine Circle 12:45 Flower Arranging/Afternoon Stroll 2:00 Musical Instruments/Garden Club 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Trivia 4:00 Water Colors in the Club 6:00 Movie & Popcorn
<b>25 Sunday Service</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbors 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Ball Toss 12:45 The Sunshine Circle 1:00 Bowling/Afternoon Stroll 1:30 Sunday Service 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Sing A Long 6:00 Movie	<b>26 Nat'l Chocolate Pudding Day</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club/Scenic Bus Ride 12:45 The Sunshine Circle 1:00 Afternoon Stroll/Scenic Bus Ride 1:30 Flower Arranging 3:00 Chocolate Pudding Party 3:30 Gratitude Is Our Attitude 3:45 Bingo 6:00 Movie	<b>27 Puppy Visit</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Puppy Visit with Izzie and Cheeka 12:45 The Sunshine Circle 1:00 Afternoon Stroll 2:00 Trivia 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bocce Ball 6:00 Movie	<b>28 Happy Hour</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 9:15 Yoga with Stef in the Club 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Parachute Fun 12:45 The Sunshine Circle 1:00 Afternoon Stroll 2:00 Squash Ball 3:00 Happy Hour 3:30 Gratitude Is Our Attitude 3:45 Bowling 6:00 Movie & Popcorn	<b>29 Red Hat Ladies Critter Encounter</b> 8:30 Today's Current Event 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Catholic Communion in the Club 12:45 The Sunshine Circle 12:45 Flower Arranging 1:00 Afternoon Stroll 1:30 Red Hat Ladies Lunch 2:30 Critter Encounter 2:30 Finish the Quote 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 3:45 Bean Bag Toss 6:00 Movie	<b>30 Special Music</b> 8:30 Today's Current Events 8:45 Get To Know Your Neighbor 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Music with Many Strings 11:30 Walker's Club/Parachute Fun 12:45 The Sunshine Circle 12:45 Flower Arranging 1:00 Afternoon Stroll 1:30 Critter Encounter 2:30 Finish the Quote 3:00 Dessert & Coffee Social 3:30 Gratitude Is Our Attitude 6:00 Movie	

Activities subject to change without notice.