

ActivCare at Bressi Ranch

Menu Week 1

5/5/19 - 5/11/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choco Chip Pancakes Sausage Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Diablo Roasted Red Potato Vegetable Capri Dinner Roll Beverage of Choice	Parmesan Crusted Baked Fish Baked Potato Steamed Carrot Dinner Roll Beverage of Choice	Chicken Fajitas Spanish Rice 5 Way-Veggies Cornbread Beverage of Choice	Creamy Beef Noodles Green Beans Garlic Bread Beverage of Choice	Cobb Salad Soup Du Jour Garlic Bread Beverage of Choice	Creamy Lemon Pork Chop Roasted Red Potato Peas and Carrots Sweet Roll Beverage of Choice	Chicken & Potato Baked Casserole Vegetable Capri Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Shrimp Tempura Curly Fries Vegetable Du Jour Cornbread Beverage of Choice	Kalua Pork Ranch style Beans Sautéed Spinach Cornbread Beverage of Choice	Beef Taco Casserole Vegetable Du Jour Dinner Roll Beverage of Choice	Sweet and Sour Chicken Steamed Rice Sautéed Zucchini Cornbread Beverage of Choice	Vegetable Lasagna Creamy Cajun Lobster Fettuccine Dinner Roll Beverage of Choice	Fried Fish Cilantro Gremolata Ranch style Beans 5-Way-Veggies Cornbread Beverage of Choice	Hot dog Curly Fries Steamed Carrots Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

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Menu Week 2

5/12/19 - 5/18/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hungarian Pork Loin Ranch Style Beans Vegetable Blend Cornbread Beverage of Choice	Chicken Marsala Egg Noodles Steamed Carrot Dinner Roll Beverage of Choice	Rosemary Glazed Fish Baked Potato Glazed Carrot Cornbread Beverage of Choice	Burger Steak w/ Tomato Gravy Garlic Mashed Potato Green Peas Dinner Roll Beverage of Choice	Grilled Tuna Melt Seasoned Fries Onion Rings Beverage of Choice	Creamy Cajun Pork Chops Fusilli Steamed Broccoli Dinner Roll Beverage of Choice	Chicken Pesto Rice Pilaf Sautéed Spinach Dinner Roll Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Herbed Baked Fish Rice Pilaf Vegetable Capri Dinner Roll Beverage of Choice	Baked Mac & Cheese Casserole Spinach Salad Garlic Bread Beverage of Choice	Orange Molasses Pork chop Steamed Rice Green Beans Dinner Roll Beverage of Choice	Chicken Curry Rice Pilaf Braised Cabbage Cornbread Beverage of Choice	Vegetable Quiche Creamy Cajun Lobster Fettuccine 5 Way-VeggieBlend Beverage of Choice	Parmesan Crusted Baked Fish Baked Potato Sautéed Zucchini Cornbread Beverage of Choice	Corndog Tater Tots Prince Edward Mix Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 3

5/19/19 - 5/25/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Cheese Wheat Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Country Scramble English Muffin Bacon Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Turkey and Cheese Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry Syrup Cream Choice of Cold or Hot Cereal Margarine Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Baked Yam Vegetable Blend Cornbread Beverage of Choice	Rosemary Ranch Chicken Roasted Red Potato Steamed Carrot Dinner Roll Beverage of Choice	Shrimp Pesto Fusilli Glazed Carrot Cornbread Beverage of Choice	Beef Stroganoff Baked Potato Green Peas Dinner Roll Beverage of Choice	Herb Pasta with Marinara Sauce Sautéed Zucchini Dinner Roll Beverage of Choice	Balsamic Honey Mustard Pork Baked Yam 5 Way-Veggie Blend Garlic Bread Beverage of Choice	Turkey Pot Pie Ranch Style Beans Vegetable Du Jour Cornbread Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Cottage Cheese Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lemon Pepper Fish Rice Pilaf Vegetable Capri Dinner Roll Beverage of Choice	Swedish Meatball Egg noodle Prince Edward Cornbread Beverage of Choice	Pork Adobo Steamed Rice Green Beans Dinner Roll Beverage of Choice	Creamy Garlic Chicken Parsley Rice Steamed Broccoli Cornbread Beverage of Choice	Chicken Caesar Salad Creamy Cajun Lobster Fettuccine Dinner Roll Beverage of Choice	Coconut Fish Curry Rice Pilaf Steamed Carrot Cornbread Beverage of Choice	Meatloaf Mashed Potato Peas and Carrots Dinner Roll Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice

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Menu Week 4

5/26/19 - 6/1/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cinnamon Apple Pork Chop Baked Yam Vegetable Blend Cornbread Beverage of Choice	Chicken-Bacon-Ranch Baked Penne Vegetable Du Jour Steamed Carrot Beverage of Choice	Fried Shrimp Steak Fries Vegetable Blend Cornbread Beverage of Choice	Hamburger Stew Roasted Red Potato Steamed Broccoli Sweet Roll Beverage of Choice	Grilled Ham & Cheese Sandwich Seasoned Fries Prince Edward Mix Beverage of Choice	BBQ Pulled Pork Ranch Style Beans Green Beans Hawaiian Roll Beverage of Choice	Blackened Cajun Chicken Rosemary Potatoes 5 Way-Veggie Blend Dinner Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Parfait Beverage of Choice	3 pm Snack Pudding Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Herbed Fish with Lemon Cream Rice Pilaf Vegetable Capri Beverage of Choice	Homemade Chili Roasted Red Potato Steamed Broccoli Cornbread Beverage of Choice	Garlic Sugar Pork Tenderloin Baked Potato Prince Edward Dinner Roll Beverage of Choice	Cilantro Lime Chicken w/ Lemon Gravy Egg noodle Sautéed Zucchini Dinner Roll Beverage of Choice	Crab Rangoon Clam Chowder Creamy Cajun Lobster Fettuccine Muffin Beverage of Choice	Tuna Casserole Steamed Broccoli Cornbread Beverage of Choice	Herb Pasta w/ Meat Sauce Green Beans Garlic Bread Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Brownie Snack of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Cheesecake Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice