



ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

Special Events

January 1
New Year's Day

January 18
In the Kitchen

January 21
*Martin Luther
King Jr. Day*

January 30
Birthday Celebration



ActivCare at Yorba Linda January 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		<p>1 New Year's Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>New Year's Day - Discussion</i> 1:00 Eldersong Sing-Along 2:00 <i>Pamper Me Lovely: Manicures</i> 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie</p>	<p>2 Nat'l Cream Puff Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Name 10 Trivia</i> 1:00 White Board Games 2:00 <i>Nat'l Cream Puff Day Discussion</i> 3:00 <i>Cream Puffs & Coffee Social</i> 3:30 Ring Toss 6:00 Moonlight Movie</p>	<p>3</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Creative Art: 2019 Door Burst</i> 1:00 Balloon Badminton 2:00 Name Ten Game 3:00 Dessert & Coffee Social 3:30 Celebrity Cards 6:00 Moonlight Movie</p>	<p>4 Nat'l Spaghetti Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Nat'l Spaghetti Day Discussion</i> 12:00 <i>Spaghetti Lunch</i> 1:00 Indoor Bowling Game 2:00 Popcorn and A Show 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie</p>	<p>5</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>"New Year's Resolutions" Reminiscing</i> 1:00 Name 5 Trivia 2:00 Frisbee Toss Game 3:00 Dessert & Coffee Social 3:30 Toss for Points 6:00 Lawrence Welk Show 6:30 Moonlight Movie</p>		
6	7	<p>8 Nat'l English Toffee Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Nat'l English Toffee Day Discussion/ Tasting</i> 1:00 <i>Pamper Me Lovely: Manicures</i> 2:00 Word Anagram Game 3:00 Dessert & Coffee Social 3:30 BINGO! 6:00 Moonlight Movie</p>	<p>9 Nat'l Apricot Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 <i>Nat'l Apricot Day Discussion/ Tasting</i> 2:00 Hangman Game 3:00 Dessert & Coffee Social 3:30 Frisbee Toss Game 6:00 Moonlight Movie</p>	10	<p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Pictorial Brain Games 1:00 Balloon Badminton 2:00 <i>Creative Art: Water Colors Snow Flake</i> 3:00 Dessert & Coffee Social 3:30 Word Anagrams 6:00 Moonlight Movie</p>	<p>11</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Performance By- 11:00 Name 5 Game 1:00 White Board Games 2:00 <i>"Winter Weather" Reminiscing</i> 2:00 Popcorn and A Show 3:00 Dessert & Coffee Social 3:30 Ring Toss 6:00 Lawrence Welk Show 6:30 Moonlight Movie</p>	<p>12</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Performance By- 11:00 Name 5 Game 1:00 White Board Games 2:00 <i>"Winter Weather" Reminiscing</i> 2:00 Popcorn and A Show 3:00 Dessert & Coffee Social 3:30 Ring Toss 6:00 Lawrence Welk Show 6:30 Moonlight Movie</p>	
13	14 Nat'l Hot Pastrami Sandwich Day	<p>15 Nat'l Strawberry Ice Cream Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Nat'l Hot Pastrami Sandwich Day Discussion</i> 1:00 <i>Hot Pastrami Sandwich Lunch</i> 1:00 Indoor Balloon Volleyball 2:00 <i>Entertainment - Music By Greg Wideon</i> 3:00 Dessert & Coffee Social 3:30 Indoor Bocce Ball 6:00 Moonlight Movie</p>	<p>16 Nat'l Fig Newton Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 Flower Arranging 1:00 <i>Pamper Me Lovely: Manicures</i> 2:00 <i>Nat'l Strawberry Ice Cream Day Discussion</i> 3:00 <i>Strawberry Ice Cream & Coffee Social</i> 3:30 BINGO! 6:00 Moonlight Movie</p>	17 Red Hat Lady's Lunch	<p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Creative Art: Book Marker</i> 12:00 <i>Red Hat Lady's Lunch w/ Elva</i> 1:00 Frisbee Toss Game 2:00 Indoor Corn Hole Game 3:00 Dessert & Coffee Social 3:30 Word Anagram Game 6:00 Moonlight Movie</p>	18 In The Kitchen	<p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>"Martin Luther King Jr." Reminiscing</i> 1:00 Indoor Volleyball 2:00 White Board Games 3:00 Dessert & Coffee Social 3:30 Prize Bingo! 6:00 Lawrence Welk Show 6:30 Moonlight Movie</p>	<p>19</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>"Martin Luther King Jr." Reminiscing</i> 1:00 Indoor Volleyball 2:00 White Board Games 3:00 Dessert & Coffee Social 3:30 Prize Bingo! 6:00 Lawrence Welk Show 6:30 Moonlight Movie</p>
20	21 Martin Luther King Jr. Day	<p>22 Nat'l Blonde Brownie Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Spiritual Hymns</i> 1:00 Rhythm Band 2:00 Indoor Volleyball 3:00 Dessert & Coffee Social 3:30 Eldersong Sing-Along 6:00 Moonlight Movie</p>	<p>23 Nat'l Pie Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 Toss For Points Game 2:00 <i>Nat'l Pie Day Discussion</i> 3:00 <i>Pie & Coffee Social</i> 3:30 Balloon Badminton 6:00 Moonlight Movie</p>	24 Blue Tie Men's Lunch	<p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Creative Writing: Martin Luther King Jr.</i> 12:00 <i>Blue Tie Men's Lunch w/ Rick</i> 1:00 Indoor Bowling 2:00 Word Anagram Games 3:00 Dessert & Coffee Social 3:30 Frisbee Toss 6:00 Moonlight Movie</p>	25	<p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>"January" Reminiscing</i> 1:00 Bocce Ball Game 2:00 Tossing for Points Game 3:00 Dessert & Coffee Social 3:30 Puzzles/Dominoes 6:00 Lawrence Welk Show 6:30 Moonlight Movie</p>	<p>26</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>"January" Reminiscing</i> 1:00 Bocce Ball Game 2:00 Tossing for Points Game 3:00 Dessert & Coffee Social 3:30 Puzzles/Dominoes 6:00 Lawrence Welk Show 6:30 Moonlight Movie</p>
27	28 Cooking For The Senses	<p>29 Nat'l Corn Chip Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Spiritual Hymns</i> 1:00 Balloon Noodle Game 2:00 Pictorial Brain Game 3:00 Dessert & Coffee Social 3:30 Eldersong Sing-Along 6:00 Moonlight Movie</p>	<p>30 Nat'l Croissant Day</p> <p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Eldersong Sing-Along 1:00 White Board Games 2:00 <i>Nat'l Croissant Day Discussion</i> 3:00 <i>Croissant & Coffee Social</i> 3:30 Ring Toss 6:00 Moonlight Movie</p>	31 Birthday Celebration	<p>8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <i>Creative Art: Drink Coaster</i> 1:00 Balloon Badminton 2:00 <i>Birthday Celebration - Music By Eddie Montana</i> 3:00 <i>Birthday Cake & Coffee Social</i> 3:30 Celebrity Cards 6:00 Moonlight Movie</p>	 	<p>Activities are subject to change without notice.</p>	