



ActivCare at Brittany House

OCTOBER 2019



Daily Activities

Newsworthy
Current Events

Walker's Club
Neighborhood Strolls

Thinking & Doing
Cognitive Exercises

Musical Moments
Interactive Entertainment

ActivFit
Strength & Agility Fitness

Creative Arts
Artistic Expression

SPECIAL EVENTS

October 10
"Just Uss"
Entertainment

October 18
"G Strings" Music

October 25
Trick or Treat
with Students

October 31
Halloween
Birthday Celebration



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>1</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Minute to Win It Tournament</div> <div>1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Creative Art: Decorating Pumpkins 4:00 Neighborhood Walk 6:00 Movie Matinee</div>	<div>2 Cooking for the Senses</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely</div> <div>1:00 Afternoon Stretching 2:00 Cooking for the Senses: Pumpkin Rice Crispies 3:00 Coffee Social 3:30 Creative Art: Popsicle Pumpkins 4:00 Neighborhood Walk 6:00 Trivia</div>	<div>3</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Table Top Games</div> <div>1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Creative Art: Harvest Wreaths 4:00 Neighborhood Walk 6:00 Whiteboard Games</div>	<div>4</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Halloween Milk Jugs 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>5</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Games with Staff: Pong Tac Toe</div> <div>1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Game Night: Poker 4:00 Neighborhood Walk 6:00 Movie Matinee</div>
<div>6 Sunday Football</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football Trivia 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Sunday Football 4:00 Neighborhood Walk 6:00 Movie Matinee</div>	<div>7</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Creative Art: Watercolors 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>8</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Minute to Win It Tournament 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Creative Art: Yarn Pumpkins 4:00 Neighborhood Walk 6:00 Name 10</div>	<div>9 Cooking for the Senses</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:00 Afternoon Stretching 2:00 Cooking for the Senses: Halloween Sherbet Punch 3:00 Coffee Social 3:30 Sing, Dance & Reminisce 4:00 Neighborhood Walk 6:00 Trivia</div>	<div>10 Entertainment</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Haunted Houses 2:00 Entertainment "Just Uss" 3:00 Coffee Social</div> <div>3:30 Table Top Games 4:00 Neighborhood Walk 6:00 Whiteboard Games</div>	<div>11</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Popsicle Stars 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>12</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Writing: Poems of Fall 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Game Night: Poker 4:00 Neighborhood Walk 6:00 Movie Matinee</div>
<div>13</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football Trivia 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Sunday Football 4:00 Neighborhood Walk 6:00 Movie Matinee</div>	<div>14 Columbus Day</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Trivia on Christopher Columbus 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>15</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Minute to Win It Tournament 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Table Top Games 4:00 Neighborhood Walk 6:00 You Be The Judge</div>	<div>16</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Fitness Group USA/ Yoga Class 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Name 10</div>	<div>17</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Pumpkin Lanterns 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Table Top Games 4:00 Neighborhood Walk 6:00 Read a Short Story</div>	<div>18 Entertainment</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Entertainment "G strings" 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>19</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Making Bats 1:00 Afternoon Stretching 3:00 Coffee Social 3:30 Game Night: Poker 4:00 Neighborhood Walk 6:00 Movie Matinee</div>
<div>20</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football Trivia 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Sunday Football 4:00 Neighborhood Walk 6:00 Movie Matinee</div>	<div>21</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Creative Art: Making Ghosts 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>22</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Minute to Win It Tournament 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Creative Art: Carving Pumpkins 4:00 Neighborhood Walk 6:00 Movie Matinee</div>	<div>23 Cooking for the Senses</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely 1:00 Afternoon Stretching 2:00 Cooking for the Senses: Pumpkin Pie Punch 3:00 Coffee Social</div> <div>3:30 Creative Art: Halloween Bags 4:00 Neighborhood Walk 6:00 Read a Short Story</div>	<div>24</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Indoor Games with Staff 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Creative Art: Paper Mache Pumpkins 4:00 Neighborhood Walk 6:00 Trivia</div>	<div>25 Trick or Treat</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 10:45 Trick or Treaters: Lakewood Christian Students 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>26</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Decorating Gourds 1:00 Afternoon Stretching 3:00 Coffee Social</div> <div>3:30 Game Night: Poker 4:00 Neighborhood Walk 6:00 Movie Matinee</div>
<div>27</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Football Fun Facts 1:00 Afternoon Stretching</div> <div>3:00 Coffee Social 3:30 Sunday Football 4:00 Neighborhood Walk 6:00 Movie Matinee</div>	<div>28</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize Bingo 1:00 Afternoon Stretching</div> <div>3:00 Coffee Social 3:30 Table Top Games with Staff 4:00 Neighborhood Walk 6:00 Pamper Me Lovely</div>	<div>29</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Minute to Win it Tournament 1:00 Afternoon Stretching</div> <div>3:00 Coffee Social 3:30 Creative Art: Making Sunflowers 4:00 Neighborhood Walk 6:00 Trivia</div>	<div>30 Cooking for the Senses</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Indoor Games with Staff 2:00 Cooking for the Senses: Ghoulish Cupcakes 3:00 Coffee Social</div> <div>3:30 Table Top Games with Staff 4:00 Neighborhood Walk 6:00 Finish My Lines</div>	<div>31 Halloween Birthday Celebration</div> <div>9:15 Today in History & Current Events 9:45 Grooming 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Indoor Games with Staff 2:00 Entertainment "Elvis" 3:00 Coffee Social</div> <div>3:30 Creative Art: working with Clay 4:00 Neighborhood Walk 6:00 Trivia</div>	 	

Activities are subject to change without notice.