



ActivCare Daily Activities



ActivCare at Brittany House November 2018



*What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts*

Special Events

November 7
Cooking for the Senses

November 11
Veterans Day

November 22
Thanksgiving

November 28
Birthday Celebration



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 Daylight Savings Ends 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Tai Chi 10:30 Coffee Social 11:00 Spiritual Hymns/ Sunday Football 1:30 Sunday Singing 2:00 Trivia & Reminisce 3:00 Coffee Social 3:30 Musical Instruments 3:30 Neighborhood Walk 6:00 Sunday Stories	5 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Pilates 10:30 Coffee Social 11:00 Prize BINGO 1:30 Movie Trivia 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Pictionary 3:30 Neighborhood Walk 6:00 Monday Movie Night	6 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Warm Ups 10:30 Coffee Social 11:00 Arts & Crafts: Quirky Turkey Door Decor 1:30 Transportation Trivia 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Trivia & Reminisce 3:30 Neighborhood Walk 6:00 Feature Film	7 Cooking for the Senses 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Writing: Acrostic Poems 1:30 Wisdom Wednesdays 2:00 Cooking for the Senses: Pumpkin Pie Punch 3:00 Coffee Social 3:30 Toss & Talk Ball 3:30 Neighborhood Walk 6:00 Wednesday Cinema	8 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Yoga 10:30 Coffee Social 11:00 Creative Arts 1:30 Puzzles & Games 2:00 Country Life Reminisce 3:00 Coffee Social 3:30 Sing, Dance, Reminisce 3:30 Neighborhood Walk 6:00 Motion Picture Show	9 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Stretches 10:30 Coffee Social 11:00 Sing-Along 1:30 Puzzles & Games 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Prize BINGO! 6:00 Friday Flick	10 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Sittercise 10:30 Coffee Social 11:00 Reminiscing Through the Decades 1:30 Finish the Word 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Music Trivia 3:30 Neighborhood Walk 6:00 Saturday Cinema
11 Veterans Day 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Tai Chi 10:30 Coffee Social 11:00 Spiritual Hymns/ Sunday Football 1:30 Sunday Singing: Military Anthems 2:00 Veteran's Day Craft 3:00 Coffee Social 3:30 Drum Circle 3:30 Neighborhood Walk 6:00 Sunday Stories	12 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Pilates 10:30 Coffee Social 11:00 Prize BINGO 1:30 Name 10 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Pictionary 3:30 Neighborhood Walk 6:00 Monday Movie Night	13 Women's Social 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Warm Ups 10:30 Coffee Social 11:00 Puzzles & Games 1:30 Music Trivia 2:00 Women's Connection Social/ Whiteboard Games 3:00 Coffee Social 3:30 Tabletop Games with Staff 3:30 Neighborhood Walk 6:00 Feature Film	14 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Sittercise 10:30 Coffee Social 11:00 Sing, Dance, Reminisce 1:30 Wisdom Wednesdays 2:00 Puzzles & Games 3:00 Coffee Social 3:30 Tabletop Games with Staff 3:30 Neighborhood Walk 6:00 Wednesday Cinema	15 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Yoga 10:30 Coffee Social 11:00 Creative Arts 1:30 Travelogue Thursday 2:30 What Would You Do? 3:00 Coffee Social 3:30 Balloon Volleyball 3:30 Neighborhood Walk 6:00 Motion Picture Show	16 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Stretches 10:30 Coffee Social 11:00 Flower Arranging 1:30 Puzzles & Games 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Prize BINGO! 6:00 Friday Flick	17 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Sittercise 10:30 Coffee Social 11:00 Pictionary 1:30 Saturday Sayings 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Unlock the Memories 3:30 Neighborhood Walk 6:00 Saturday Cinema
18 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Tai Chi 10:30 Coffee Social 11:00 Spiritual Hymns/ Sunday Football 1:30 Sunday Singing 2:00 Trivia & Reminisce 3:00 Coffee Social 3:30 Musical Instruments 3:30 Neighborhood Walk 6:00 Sunday Stories	19 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Pilates 10:30 Coffee Social 11:00 Prize BINGO 1:30 Thanksgiving Trivia 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Pictionary 3:30 Neighborhood Walk 6:00 Monday Movie Night	20 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Warm Ups 10:30 Coffee Social 11:00 Arts & Crafts: Turkey Day Place Cards 1:30 Sports Trivia 2:00 Laughter Exercise 3:00 Coffee Social 3:30 You Be the Judge 3:30 Neighborhood Walk 6:00 Feature Film	21 Cooking for the Senses 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Sing-Along 1:30 Wisdom Wednesdays 2:00 Cooking for the Senses: Gobble Me Up Veggie Cups 3:00 Coffee Social 3:30 Tabletop Games with Staff 3:30 Neighborhood Walk 6:00 Wednesday Cinema	22 Thanksgiving 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Yoga 10:30 Coffee Social 11:00 Watch Thanksgiving Day Parade 12:00 Thanksgiving Luncheon 2:00 What Are You Thankful For? 3:00 Coffee Social 3:30 Puzzles & Games 6:00 Motion Picture Show	23 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Stretches 10:30 Coffee Social 11:00 Arts & Crafts: Watercolors 1:30 Saturday Sayings 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Prize BINGO! 6:00 Friday Flick	24 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Sittercise 10:30 Coffee Social 11:00 Balloon Volleyball 1:30 Saturday Sayings 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Sing, Dance, Reminisce 3:30 Neighborhood Walk 6:00 Saturday Cinema
25 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Tai Chi 10:30 Coffee Social 11:00 Spiritual Hymns/ Sunday Football 1:30 Sunday Singing 2:00 Activity Circle 3:00 Coffee Social 3:30 Tabletop Games 3:30 Neighborhood Walk 6:00 Sunday Stories	26 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Pilates 10:30 Coffee Social 11:00 Prize BINGO 1:30 Finishing Words 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Pictionary 3:30 Neighborhood Walk 6:00 Monday Movie Night	27 Men's Social 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Warm Ups 10:30 Coffee Social 11:00 Creative Arts 1:30 Transportation Trivia 2:00 Men's Connection Social/ Whiteboard Games 3:00 Coffee Social 3:30 Trivia & Reminisce 3:30 Neighborhood Walk 6:00 Feature Film	28 Birthday Celebrations 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Puzzles & Games 1:30 Wisdom Wednesdays 2:30 Birthday Celebration with Elvis 3:00 Coffee Social 3:30 Whiteboard Word Games 3:30 Neighborhood Walk 6:00 Wednesday Cinema	29 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Chair Yoga 10:30 Coffee Social 11:00 Arts & Crafts: Holiday Wreaths 1:30 Travelogue Thursday 2:30 You Be the Judge 3:00 Coffee Social 3:30 Tabletop Games with Staff 3:30 Neighborhood Walk 6:00 Motion Picture Show	30 9:15 Today's Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise: Stretches 10:30 Coffee Social 11:00 Sing-Along 1:30 Puzzles & Games 2:00 Whiteboard Games 3:00 Coffee Social 3:30 Prize BINGO! 6:00 Friday Flick	

Activities are subject to change without notice.