

ActivCare at Bressi Ranch

Menu Week 2

7/29/18 - 8/4/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Cheese and Eggs Home Fries Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham & Cheese English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Links Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice	10: am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Shrimp Onion Rings Veg Du Jour Cornbread Beverage of Choice	Salisbury Steak Mashed Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Florentine Herbed Pasta Spinach Dinner Roll Beverage of Choice	BBQ Porklet Roasted Potatoes 5-Way Mixed Veggies Cornbread Beverage of Choice	Vegetable Quiche Red Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Alfredo Herbed Pasta Veggie Blend Dinner Roll Beverage of Choice	Meat Lasagna Spinach Salad Garlic Bread Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Brownie Beverage of Choice	3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Chicken Ranch Style Beans Veggie Blend Beverage of Choice	Roasted Pork Loin Yams Broccoli Beverage of Choice	Herb Baked Fish Rice Pilaf Veggie Blend Beverage of Choice	Beef and Potato Bake Peas and Carrots Beverage of Choice	Roasted Turkey Mashed Potatoes Green Beans Beverage of Choice	Grilled Ham & Cheese Seasoned Fries Prince Edward Blend Beverage of Choice	Herb Crusted Fish Baked Potato Veggie Blend Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Bread Pudding Snack of Choice	6 pm Dessert Pie Beverage of Choice	6 pm Dessert Flan Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

ActivCare at Bressi Ranch

Menu Week 3

8/5/18 - 8/11/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Bacon Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Home Fries English Muffin Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
<i>10: pm Snack Fresh Fruit Beverage of Choice</i>	<i>10: pm Snack Fresh Fruit Beverage of Choice</i>	<i>10: pm Snack Fresh Fruit Beverage of Choice</i>	<i>10: pm Snack Fresh Fruit Beverage of Choice</i>	<i>10: pm Snack Fresh Fruit Beverage of Choice</i>	<i>10: pm Snack Fresh Fruit Beverage of Choice</i>	<i>10: pm Snack Fresh Fruit Beverage of Choice</i>

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Loin with Churney Yams Vegetable Du Jour Cornbread Beverage of Choice	Fish Piccata Herbed Pasta Spinach Dinner Roll Beverage of Choice	Swedish Meatballs Egg Noodles Green Beans Dinner Roll Beverage of Choice	Hot dog Steam Veggies French Fries Dinner Roll Beverage of Choice	Kalua Pork Fried Rice Braised Cabbage Hawaiian Roll Beverage of Choice	Cajun Chicken Roasted Red Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Salisbury Steak Herbed Pasta Veggie Blend Dinner Roll Beverage of Choice
<i>3 pm Snack Pop-Over Beverage of Choice</i>	<i>3 pm Snack Cake Beverage of Choice</i>	<i>3 pm Snack Parfait Beverage of Choice</i>	<i>3 pm Snack Pudding Beverage of Choice</i>	<i>3 pm Snack Muffin Beverage of Choice</i>	<i>3 pm Snack Cake Beverage of Choice</i>	<i>3 pm Snack Ambrosia Beverage of Choice</i>

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pasta with Marinara Caesar Salad Garlic Bread Beverage of Choice	Beef Taco Casserole Spanish Rice 5-Way Veggie Blend Beverage of Choice	Cajun Jambalaya Vegetable Blend Cornbread Beverage of Choice	Shrimp Alfredo Herbed Pasta Broccoli Beverage of Choice	Grilled Turkey & Cheese Tater Tots Vegetable Blend Beverage of Choice	Herb Baked Fish Rice Veggie Blend Beverage of Choice	PorkLoin w/ Chutney Ranch Beans Spinach Beverage of Choice
<i>6 pm Dessert Ice Cream Beverage of Choice</i>	<i>6 pm Dessert Peach Cobbler Beverage of Choice</i>	<i>6 pm Dessert Brownie Snack of Choice</i>	<i>6 pm Dessert Cake Beverage of Choice</i>	<i>6 pm Dessert Bread Pudding Beverage of Choice</i>	<i>6 pm Dessert Cookie Beverage of Choice</i>	<i>6 pm Dessert Pudding Beverage of Choice</i>

ActivCare at Bressi Ranch

Menu Week 4

8/12/18 - 8/18/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage	Scrambled Eggs w/ Ham and Cheese Toast	French Toast Bacon	Vegetable Scramble English Muffin	Belgian Waffles Fruit Garnish	Scallion and Cheddar Scramble Toast	French Toast Sausage Link
Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice	10 am snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lemon Pepper Chicken Rice Green Beans Beverage of Choice	BBQ Pull Pork Beans Veggie Blend Cornbread Beverage of Choice	Tuna Melt Sandwich Onion Rings Vegetable Du Jour Beverage of Choice	Country Fried Steak Mashed Potatoes Broccoli Dinner Roll Beverage of Choice	Chicken Fajitas Spanish Rice 5-Way Veggie Blend Beverage of Choice	Italian Sausage w/ Pepper Zucchini Garlic Bread Beverage of Choice	Fish and Chips Green Beans Tomato Bisque Beverage of Choice
3 pm Snack Danish Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Ice Cream Beverage of Choice	3 pm Snack Cake Snack of Choice	3 pm Snack Pudding Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheese Ravioli w/ Meat Vegetable Du Jour Dinner Roll Beverage of Choice	Turkey Pot Pie Prince Edward Blend Hawaiian Roll Beverage of Choice	Swiss Steak Roasted Potatoes Veggie Blend Beverage of Choice	Chef's Salad Soup Du Jour Garlic Bread Beverage of Choice	Fish Piccata Herbed Pasta Vegetable Du Jour Beverage of Choice	Braised Brisket Mashed Potatoes Veggie Blend Beverage of Choice	Chicken Marsala Rice Pilaf Vegetable Du Jour Beverage of Choice
6 pm Dessert Jello Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pop-Over Beverage of Choice	6 pm Dessert Rice Pudding Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cottage Cheese Beverage of Choice

Menu Week 5

8/19/18 - 8/25/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Vegetable Scramble Bacon English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Links	Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon	Scrambled Eggs with Cheese English Muffin Choice of Cold or Hot Cereal Butter & Syrup Milk	Choc Banana Pancakes Sausage Links	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice	10 am Snack Fresh Fruit Beverage of Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Baked Yams Green Beans Dinner Roll	Chilli with Cheese Vegetable Du Jour Cornbread	Chicken Caesar Salad Soup Du Jour Garlic Bread	Italian Pizza Spinach Salad	Meatloaf with Gravy Mashed Potatoes Vegetable Du Jour Dinner Roll	Chicken Curry Roasted Red Potatoes Glazed Carrots	Baked Ham Yams Spinach Cornbread
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
3 pm snack Carrot Cake Beverage of Choice	3 pm snack Cake Beverage of Choice	3 pm snack Muffin Beverage of Choice	3 pm snack Cake Beverage of Choice	3 pm snack Brownie Beverage of Choice	3 pm snack Pudding Beverage of Choice	3 pm snack Parfait Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Salmon Mashed Potatoes Asparagus Beverage of Choice	BBQ Pork Loin Ranch Beans Spinach Cornbread Beverage of Choice	Burger Steak Mashed Potatoes Pea and Carrots	Blackend Cajun Fish Rice Pilaf Green Beans Cornbread Beverage of Choice	Pork Diablo Herbed Pasta Veggie Blend	Chicken Caesar Salad Dinner Roll Soup Du Jour	Chicken Pesto Herbed Pasta Squash Beverage of Choice
6 pm Dessert Banana Cream Pie Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Flan Beverage of Choice	6 pm Dessert Pie Beverage of Choice	6 pm Dessert Jello Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Danish Beverage of Choice

Menu Week 1

8/26/18 - 9/1/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
French Toast Bacon	Scrambled Eggs With Cheese Wheat Toast	Blueberry Pancakes Sausage Link	Country Scramble Biscuit	French Toast Bacon	Turkey And Cheese Scramble English Muffin	Belgian Waffles with Strawberry Syrup Cream
Choice of Cold or Hot Cereal						
Butter & Syrup	Butter/Jelly	Butter & Syrup	Butter/ Jelly	Butter & Syrup	Butter/Jelly	Margarine
Milk						
Juice of Choice						
Coffee or Hot Tea						
10 am Snack Fresh Fruit Beverage of Choice						

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Salmon Mashed Potatoes Asparagus Dinner Roll Beverage of Choice	Chicken Cacciatore Herbed Pasta Zucchini Dinner Roll Beverage of Choice	Quiche Lorraine Rice Pilaf Vegetable Du Jour Dinner Roll Beverage of Choice	Cobb Salad Soup Du Jour Dinner Roll	Lemon Pepper Fish Rice Pilaf Broccoli Dinner Roll Beverage of Choice	Tortallini w/ Meat Sauce Vegetable Blend Dinner Roll Beverage of Choice	Chicken Teriyaki Fried Rice Glazed Carrots Hawaiian Sweet Roll Beverage of Choice
3 pm Snack Pop-Over Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Muffin Beverage of Choice	3 pm Snack Pie Beverage of Choice	3 pm Snack Cottage Cheese Beverage of Choice	3 pm Snack Cake Beverage of Choice	3 pm Snack Ambrosia Beverage of Choice

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Italian Sausage Pasta Broccoli	Herb-Crusted Fish Rice Vegetable Du Jour	Jambalyaya Glazed Carrots Sweet Roll	Chicken Piccata Herbed Pasta Vegetable Du Jour	Breaded Pork Chop Mashed Potatoes Prine Edward Blend	Tuna Melt Sandwich Fries Green Beans	Hot Dog Tater Tots Vegetable Du Jour
Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice	Beverage of Choice
6 pm Dessert Ice Cream Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Parfait Beverage of Choice	6 pm Dessert Cake Beverage of Choice	6 pm Dessert Peach Cobbler Beverage of Choice	6 pm Dessert Cookie Beverage of Choice	6 pm Dessert Pudding Beverage of Choice