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Genesee Health Plan

-8th Annual-

Health Heritage Essay Contest

Project of:



Essay Due: Monday, April 24th

Essay Topics

Essays should include:

- Your family's health history
- Your current health
- Which family members you spoke with

Optional topics:

- Good things you do to make your life healthy
- What did you learn to help you stay healthy?
- What goals do you have to keep you and your family healthy?

Contest Rules

- Contest is open to Flint/Genesee County students, including home-school and private school **Grade 5-12**
- **Essays must be typed, or clearly handwritten** (High School typed only)
- **Essays must include** Student Name, Address, Email Address, Contact Phone Number, Grade, Teacher, School Name, Parent Phone Number and Email Address

Additional Information

- **Email essay to:** healthheritage@countyhealthplans.org
- **Mail/drop off essay:**
 - Genesee Health Plan, Attn: Shannon Nemes, 2172 S. Linden Rd, Flint, MI 48532
- For questions, contact Shannon Nemes:
 - **Call:** (810) 339-6391 Ext. 254
 - **Email:** healthheritage@countyhealthplans.org

Scan me:



Visit geneseehealthplan.org for more information



2022 Essay Winner

Elementary School

Essay length: 200-350 words

1st Place: \$200 gift card
2nd Place: \$100 gift card

Middle/Junior High School

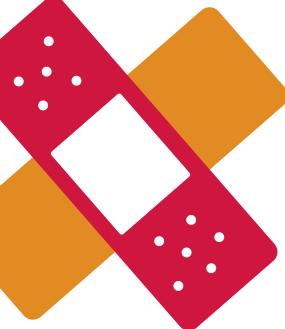
Essay length: 350-500 words

1st Place: \$200 gift card
2nd Place: \$100 gift card

High School

Essay length: 400-600 words

1st Place: \$400 gift card
2nd Place: \$200 gift card



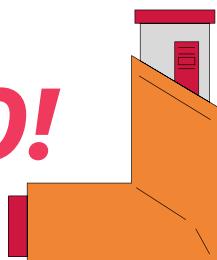
Do you know your family's health history?



*Want to win a
gift card
for writing about it?*



Prizes from \$100-\$400!



For more information,
scan the QR code or visit
www.geneseehealthplan.org



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Our Plan for *Better Health*