



United Methodist Women Walk/Run-a-Thon

Saturday May 6, 2023

Registration 9:30 - 9:55am ~ Walk/Run Start 10:00am Sharp!

Registration Costs

Adults ~ \$15

Kids 11-16 yr ~ \$12

Kids 6-10 yr ~ \$6

Kids 4 & Under ~ FREE

EVENT DETAILS

- Starts and Ends at Flushing United Methodist Church (see address below)
- 1 mile or more (your choice) Routes Include Riverview Park
- Registration Deadline: May 3rd, 2023
- Registration Donation & Pledge Money - Turn in Day of Walk/Run-a-Thon
- Bring Yourself, Bring Your Family and Friends, OR Bring a Team!
- Proceeds Support Mission Work of UMW
 - ~YWCA Safe House ~Heartbeat of Flint ~Voices for Children
 - ~Bread for Life ~Flushing Christian Outreach Center
- After Walk/Run & until 12:30pm the activities listed below will be available:

FREE FOOD! FREE BOUNCY HOUSE & GAMES! OPPORTUNITY BASKETS! BAKE SALE!

Optional: "Move 4 Mission Event T-Shirts" may be purchased online @ lwoodsdesigns.com & then, search "Move"; Shirts/\$20 (s,m,l,g,xlg) & \$24 (xxlg,xxxlg); Order by April 18 & pick up at store: L Woods Designs, 129 S Cherry St, Flushing, 48433 (OR by Apr 15 to be shipped to you)

Can't Make it on May 6TH? Still Want to Help? Take a Form, Gather Pledges or Make a Donation and Pick Your Own Day & Path! (no registration required)

-----registration tear off-----

Please put this registration in the box provided in the church lobby. If not completing this at the church you can mail it to:

Flushing United Methodist Church 413 E. Main St. Flushing, MI 48433

Participants name: _____ # of people in your group _____

Or you may also register by emailing the above information to: flumc@sbcglobal.net



Participant's Name:

[illegible]