

CLASSES FOR KIDS!

Heian Karate Do works with your child to not only learn focus, discipline, confidence and self-defense, but social and emotional skills while having FUN!

**Classes begin May 1st:
Monday - Thursday
4:30-5:00pm & 5:00-5:30pm**

"Heian Karate Do Instructors are kind and are great role models for ALL my children. I have a daughter and 3 sons ranging in ages whom love it. They help teach them so many different lessons in life, self defense, and control. In these uncertain times, I feel safe with my children going there since, and welcomed into the karate community."

**For More Information:
Paul (810) 423-2395 or Emily (810) 845-4998**

