



Information at rdn.bc.ca/recreation

Ravensong Aquatic Centre
737 Jones St, Qualicum Beach
250-752-5014

Oceanside Place Arena
830 W Island Hwy, Parksville
250-248-3252

Find us on



RDN Recreation and Parks February Events and Programs

Parksville Lion's and Save-On-Foods Free Family Skate

This popular skate session is Sundays, a great way to stay active as a family. Children must be accompanied by an adult, 19yrs+. Pond hockey is not available during this session. Oceanside Place Arena on Sundays, February 3, 10, 17, and 24 from 12:15 to 1:45 pm. Free event. Phone RDN, Recreation and Parks 250-248-3252 or view skate and swim schedules online at rdn.bc.ca/recreation.

Dad's Night Out: Free Skate

Dads, bring the kids to Oceanside Place Arena and enjoy a free skate together on the pond Tuesday, February 5th from 6:45 to 7:45 pm. This free skate is sponsored by our partners at Building Learning Together. Phone RDN, Recreation and Parks 250-248-3252 or view skate and swim schedules online at rdn.bc.ca/recreation.

Splish Splash Everyone Welcome Swim

Splish splash everyone welcome swims at Ravensong Aquatic Centre are a water adventure you don't want to miss. The lifeguards are going to bring out the pool toys for you to enjoy. From the rope swing to the snake to the dino ribs there will be water play for everyone. Saturday, February 16th from 10:00 am to 12:00 pm. Regular admission. Phone RDN, Recreation and Parks 250-752-5014 or view skate and swim schedules online at rdn.bc.ca/recreation.

BC Provincial Family Day Swim and Skate events

Both Ravensong Aquatic Centre and Oceanside Place Arena are open to celebrate BC Provincial Family Day on Monday February 18th. Free admission to both of these events is courtesy of CUPE 401, Canadian Union of Public Employees.

Free Family Swim from 10:00 am to 2:00 pm

Free Family Skate from 1:00 to 4:00 pm

Phone RDN, Recreation and Parks 250-752-5014 or 250-248-3252 or view swim and skate schedules online at rdn.bc.ca/recreation.

School's Out Everyone Welcome Skate or Swim

Stay active on Tuesday, February 19 with a swim at Ravensong Aquatic Centre or skate at Oceanside Place Arena. Everyone Welcome Swim is 1:00 to 2:30 pm. Everyone Welcome Skate is 1:45 to 3:15 pm. Reduced rate admission. Phone RDN, Recreation and Parks 250-248-3252 or view skate and swim schedules online at rdn.bc.ca/recreation.

Disco Light Skate for all ages

Catch dance fever under the disco lights at Oceanside Place Arena. The flashing lights and pumping music will take you back in time on Saturday February 23rd from 7:30 to 9:00 pm. Regular admission. Phone RDN, Recreation and Parks 250-248-3252 or view skate and swim schedules online at rdn.bc.ca/recreation

Canvas Art for Kids 7-10yrs

Jenny Hughes will guide you through how to paint a fantastic yet surprisingly simple acrylic painting. No experience necessary. All supplies are provided. View painting project online. Thursday, February 21st from 4:00-5:30pm at Oceanside Art Studio, cost is \$20. Phone RDN, Recreation and Parks at 250-248-3252 to pre-register. View recreation programs online at rdn.bc.ca/recreation.

Red Cross AED/CPR C

Save a life when only seconds count. Get trained. This course is required for lifeguards and health care professionals. Topics covered are CPR and blocked airways for adults, children and infants and an introduction to automated external defibrillators (AED). Qualicum Commons, on Saturday, February 23rd from 9:00 am to 3:00 pm. Cost is \$73. Phone RDN, Recreation and Parks at 250-248-3252 to pre-register. View recreation programs online at rdn.bc.ca/recreation.

Red Cross Emergency First Aid with AED/CPR

Be prepared and get trained in first aid skills. Training includes home hazards, accident prevention, safety education, CPR, first aid skills for common emergencies and automated external defibrillators (AED). Retraining is recommended every three years. Qualicum Commons, on Saturday, February 23rd from 9:00 am to 5:00 pm, cost is \$86. Phone RDN, Recreation and Parks at 250-248-3252 to pre-register. View recreation programs online at rdn.bc.ca/recreation.

Red Cross Standard First Aid with AED/CPR

Be prepared; get trained with a two day course in first aid and cardiopulmonary (CPR C) skills. Training includes home hazards, accident prevention, safety education, CPR level C, first aid skills for common emergencies and automated external defibrillators (AED). Retraining is recommended every three years. Qualicum Commons, on Saturday and Sunday, February 23rd and 24th from 9:00 am to 5:00 pm, cost is \$159. Phone RDN, Recreation and Parks at 250-248-3252 to pre-register. View recreation programs online at rdn.bc.ca/recreation.