



In preparation for a group tour of my garden and kitchen I created a summer salad featuring the freshness and delicious tastes of this tomato and pomegranate salad.

Recipe below.

Wow your friends and family with this beautiful, nutrition packed and easy to make salad!

## **Tomato and Pomegranate Summer Salad**

**Prep Time: 15 minutes**

**Servings: 4 large servings**

### **Ingredients:**

About 4 cups (total) of small red, yellow and orange tomatoes – cut in half and in half again to make bite sized pieces

2 cups of pomegranate arils

3 cloves of fresh garlic – finely minced

¼ cup of finely diced red onion

2 T of fresh basil – either cut on ribbons or tear in small pieces

Good quality of white balsamic vinegar.

A drizzle of delicious extra virgin olive oil that's nutrient rich.

**Directions:**

Place the ingredients above in a large bowl in the order that they are listed above but reserve the vinegar for the finish at the end.

Toss together gently using a large serving spoon.

Finish with the balsamic vinegar and enjoy!