

May Swim Lessons at Del Norte



**Sundays,
May 5 and 19**

\$35 Members/ \$45 nonmembers -per swimmer

Swim 1 10:30 am

Suggested age 2-4 years

This is an introduction to water class. We focus on having fun and being safe in the water. Submerge head, begin breath control, floating, pick up submerged objects.

Swim 2 11:00 am

Suggested age 3-7 years

Children begin to learn basic swimming skills. Class includes front and back glide, front and back floating, introduction of front and back crawl.

Parent and Me 11:30 am

6 months to 2 1/2

Come enjoy some water fun with your little one. Be a part of your child's water readiness and help build their confidence in the water. This class is not designed to teach your child to swim. Cost is per couple for this class.

**Tuesday and Thursday,
May 21, 23, 28, and 30**

\$70 Members/ \$80 nonmembers -per swimmer

Swim 1 4:15 pm

Suggested age 2-4 years

This is an introduction to water class. We focus on having fun and being safe in the water. Submerge head, begin breath control, floating, pick up submerged objects.

Swim 2 4:45 pm

Suggested age 3-7 years

Children begin to learn basic swimming skills. Class includes front and back glide, front and back floating, introduction of front and back crawl.

**Please wear proper swim attire (no flotation devices). Children not potty trained must wear a swim diaper under their swimsuit.*

These classes are intended to be group lessons. If only one person registers you will be asked to pay an additional \$30 for this class or have the option of canceling.

Register at the front desk before the first day of the sessions. For more information, please contact Teresa at teresahr@delnorteclub.com

