

Join us for a Worksite Wellness Networking and Training Event

Worksite Injury Prevention

Helping employees prevent musculoskeletal injuries



Learn about the most effective ways to prevent musculoskeletal injuries at the worksite. Scott Mangen will share information on the most common causes of musculoskeletal injuries at work and easy-to-implement strategies for ergonomics, stretching/strengthening programs, and early intervention.

Presenter:

Scott Mangen, MS, LAT, ACSM EP,
Athletic trainer, Allina Health
Courage Kenny Rehabilitation Institute



Thursday Feb. 13, 2025

Time: 11:30 a.m. to 1 p.m.

Location: New Ulm Golf Course
1 Golf Dr, New Ulm

Lunch: Order from the menu
at your own expense

RSVP: Register by Feb. 10 at
tinyurl.com/Feb13Worksite

Or RSVP by Feb. 10 to
Jennifer.Maurer@allina.com



Heart of New Ulm
Supporting a culture of wellness