

Join us for a Worksite Wellness Networking and Training Event



Courageous Conversations in a Changing Workforce

Join us for an insightful training that will help you build skills in communication and conflict management. In this training session, you will:

- Identify the role that communication plays in effective interactions.
- Identify and learn how to overcome barriers to effective conversations.
- Learn how to address performance concerns in a way that is both legally sound and empathetic, preserving the individual's dignity and fostering respectful dialogue.



Presenter:
Katie Slette, MHA, SPHR,
Director of Regional Clinic
Operations, Allina Health

Katie Slette has more than 20 years in progressive health care leadership roles, including senior leadership

roles in human resources, clinic operations and marketing. She is a certified Insights Discovery® practitioner, and enjoys helping others to strengthen their relationships through improved communication and self-awareness.

Thursday, Oct. 9, 2025

Time: 11:30 a.m. to 1 p.m.

Location: New Ulm Country Club
1 Golf Dr, New Ulm

Lunch: Order from the menu
at your own expense

RSVP: Register by Oct. 6 at
tinyurl.com/Oct9Worksite

Or RSVP by Oct. 6 to
Jennifer.Maurer@allina.com



Heart of New Ulm
Supporting a culture of wellness

*Worksite Wellness
Action Team*