Creating a Culture of Health

FOR ORGANIZATIONS NEEDING A STARTING POINT

Is Your Organization Looking to Improve Employee Health and Well-being?

The Minnesota Department of Health Statewide Health Improvement Partnership (SHIP) is introducing a six-part series to share the U.S. Surgeon General's Framework for Workplace Mental Health and Well-Being. This framework lays the foundation for workplaces to start to examine their culture and take action to improve culture within their organizations.



About the Series

Join us for one hour each week for six weeks this fall to learn more about the framework and each of the foundational elements. You'll receive an overview of each element and learn practical steps to introduce this information to your organization. You will also receive a leader's guide with six PowerPoint presentations (15-20 minutes long) to share with your wellness committee and/or leadership team to begin internal discussions about creating a culture of well-being.

The Schedule:

Six weekly sessions on Wednesdays 11:30 AM - 12:30 PM

Dates: September 9 - October 21 (skipping September 23)

The Presentation Team:

The series is led by the SHIP Workplace Strategy Team, who are all seasoned workplace wellness professionals: Holly Glaubitz and Kris Haugen from the Minnesota Department of Health Statewide Health Improvement Partnership (SHIP) Workplace Team, and Nicole LaChapelle-Strumski, Jason Bergstrand and Karen Nitzkorski, SHIP Workplace technical assistance providers.

To Register:

Click here

https://forms.office.com/Pages/ResponsePage.aspx?id=RrAU68QkGUWPJricIVmCjFDHuvDZ3ZdJl8hYP4IPGR1UMVdTWFIyRDExM1dTUDQ0M05WSzAxQTUwOC4u

Materials and a recorded version of the presentation will be available to all who register. If you have questions, contact: Kris.haugen@state.mn.us.