

Positive Solutions for Families



FREE 7 part Virtual Parenting and Caregiver Series

This evidence-based program is for parents and caregivers wanting to learn about why children do what they do, and a range of consistent and positive approaches to support them.

- > Understanding challenging behaviors
- > Strategies to promote social and emotional skills
- > Self-regulation, independence and cooperation
- > How to help children cope with disappointment and problem solving



MONDAYS

- January 5, 12, and 26th
****No class 1/19 due to MLK Jr. Day****
- February 2, 9, 16 and 23rd
- March 2nd



9:00-10:30 AM



Certificate

*Questions?
Connect with Renée*



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Ways to Register

- Scan the QR Code
- Click [here](#)

