ASCENSION LUTHERAN CHURCH
CHARLOTTE, NORTH CAROLINA

Information about Holy Communion

Our greatest desire is to share in the blessing of the Lord's Supper with you!

Since this meal unites us spiritually by faith in the Word of God, we ask that you come having prepared your heart.

Please read the following questions. If your answer to each is "Yes," then joyfully receive the Lord's gift in His Sacrament.

- **Do you come to the Lord's Table for assurance of forgiveness, healing from doubt and shame, and to receive God's gift of a holy life and reconciliation through Jesus?**
- **Have you been baptized and instructed in the Sacrament so that you come to confess the holy, catholic and apostolic faith along with the Lutheran Church—Missouri Synod (LCMS)?**
- **Do you believe Jesus' words, that the bread and the wine are, in fact, His own body and blood, given and shed for you?**

We invite all those who are not prepared to commune to join our study of God's Word and to speak to our **Pastor** for direction.

In the meantime, we invite you to receive a blessing at God's altar during the distribution of the Sacrament:

Please fold your hands over your heart as the Sacrament is distributed, and join in our prayers for God to restore us through repentance, to unity and holiness in Christ alone.