



**Friday,  
March 20**  
**2:00 - 3:30 pm**

**A MAUDE'S GARDEN**



# Herbal Tea Workshop

**Join us to engage in the sensory art of herbal tea.**

Spend a relaxing afternoon with others living with memory loss and family and friends. Prepare, brew, and enjoy a warm cup of garden herb tea. This program will be held indoors, with a view of Maude's Garden. A free event. Space is limited to 12 participants; please sign up by Wednesday, March 11.

**Location:** The Memory Hub, 1021 Columbia St, Seattle.

**Questions:** gwanucha@uw.edu or 206.685.1304.

**Sign Up**

<https://tinyurl.com/memoryhubtea2026>

