Start at any location listed | Get your passport stamped | Have fun!

**Swedish Center for Healthy Aging 📚**
Location: Swedish First Hill  
747 Broadway Ave  
Building entrance  
- Make your own trail mix  
- Music Therapist, 3-4 pm

**Murano 🌟**
Location: 620 Terry Ave  
Building entrance  
- Dunk Tank, Corn Hole  
- Murano Trail Mix  
- Hydration Station with fruit infused water

**Virginia Mason Franciscan Health**
Location: 1201 Terry Ave  
Lindeman Pavilion Terrace  
- Puzzles  
- Movement  
- Sensory activities

**Horizon House 🧘‍♂️**
Location: 900 University St  
Building entrance  
- Hydration Station  
- Popcorn  
- Music  
- Art  
- Brain Games  
- Line Dancing

**St. James Cathedral 🧘‍♂️**
Location: 804 Ninth Ave  
SW corner of Marion St and Terry  
- Easy Mindfulness and Yoga  
- Music from Cathedral  
- Cathedral Coloring Book  
- Water, Lemonade

**Frye Art Museum 🧘‍♂️**
Location: 704 Terry Ave  
North side of building along Columbia St  
- Collaborative Art Activity

**The Memory Hub 🧘‍♂️**
Location: 1021 Columbia St  
Building entrance  
- Brain Health Chalk Sidewalk  
- Chalk Prompts  
- Photobooth  
- Maude’s Garden Iced Tea Blend  
- Karaoke

**Town Hall Seattle 🧘‍♂️**
Location: 1119 8th Ave  
Ovation Plaza on west side of building  
- Games and puzzles

**Skyline 🧘‍♂️**
Location: 715 9th Ave  
Terraces building entrance  
- Puzzles  
- Art activity

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**BRAIN HEALTH BLOCK PARTY MAP- FIRST HILL**

**TAG US IN YOUR PHOTOS**  
#brainhealthblockparty2024

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**LEGEND**

🌟 Activity Location  
--- Suggested walking route  
 التى Construction  
Snack  
Hydration  
Parking  
Restrooms
Prize Drawing Eligibility:

- Get your passport stamped at 3 locations or more to be entered into a prize drawing.
- Fill in your contact information to the right.
- Drop your map off at any location.

NAME:

PHONE -or- EMAIL: