

We provide free in-person and online care and support resources and navigation services.

- **Alzheimer's Association® 24/7 Helpline (800.272.3900):** Immediate access to information, local resources, crisis assistance and emotional support.
- **Support groups:** Facilitated peer discussions for caregivers and others facing Alzheimer's or other dementia. alz.org/crf
- **ALZConnected®:** An online community where anyone affected by Alzheimer's or another dementia can ask questions, get advice and find support. alz.org/alzconnected
- **Education:** Online and in-person courses ranging from dementia basics to caregiving strategies. alz.org/education
- **ALZNavigator®:** An online tool to assess needs and create action plans. alz.org/alznavigator
- **Community Resource Finder:** A nationwide online listing of Alzheimer's and dementia resources and local Alzheimer's Association chapters. alz.org/crf
- **NEW Dementia Care Navigation Service:** Powered by Rippl and the Alzheimer's Association, the service provides comprehensive, personalized support for people living with dementia and their caregivers through their care journey, every step of the way. rippicare.com/alz
(This service may be free based on eligibility and coverage.)

