

Position Announcement Adult Day Program Facilitator

About Us:

We are an award-winning, nationally recognized social adult day program for people living with dementia and their carepartners based at the Memory Hub, a dementia friendly community supported by the University of Washington Memory and Brain Wellness Center. We are known for our innovative, Spirit-Centered Care® philosophy that believes each person, regardless of cognition, can learn, grow and experience joy in a nurturing and stimulating environment. We run programs M-Th in Seattle and Wed in Bellevue from 10 a.m. to 2 p.m. We are looking for a *Program Facilitator* to co-lead our day program once a week at either our Seattle or Bellevue location.

Position Overview:

The *Program Facilitators* work in pairs to plan and lead the four-hour program for a group of eight to nine adults and older adults who are experiencing dementia. This position involves forming meaningful relationships with participants and their families as well as working collaboratively with a creative and compassionate team of staff and volunteer co-facilitators. Facilitators "hold the space" of the room, set the tone and pace and help foster joy, connection and creativity in each participant.

Job Duties:

- Plan and carry out theme-based art and discussion, help with set-up and clean-up, oversee garden and lunch, facilitate music and movement.
- Engage with participants, paying attention to individual physical and emotional needs, while facilitating the group experience.
- Teach/redirect/assist/cue participants as needed throughout all aspects of the day.
- Pick up lunches as needed from a nearby store and bring them to the location in the morning. Prepare the plates and serve lunches, coffee and snacks.
- Provide light guidance with toileting needs (CNA not required).
- Become familiar with the participants, including their history, abilities, needs and challenges, personal narrative, and personality.

- Engage in ongoing evaluation of participants' wellbeing, making adjustments as needed, to provide an optimal experience for each person and the overall group.
- Maintain program notes and report concerns to the program coordinator.
- Attend monthly staff meetings and mandatory quarterly trainings
- CPR certification and food handlers license required within 1 month of hiring.

Qualifications:

- Ability to work with older adults in a respectful manner and engaging atmosphere.
- Openness to ongoing learning of Elderwise philosophy and values.
- Strong interpersonal skills and a desire to engage with a diverse group of people.
- Ability to manage time, multitask, and be flexible and in the moment with participants.
- Ability to work as a part of a team and to communicate respectfully and professionally.
- Ability to provide light physical assistance to older adults, to lift 20 pounds, and to keep a relatively active pace throughout the day.
- Knowledge of the frail elder and the effects of dementia is helpful, but not required.
- Creative-arts skills and/or musical skills are a plus.

Compensation and Hours:

This is a part-time, <u>6 hour per week position from 9 a.m. to 2 p.m.</u> (1 program day per week). We are offering \$24/per hour.

How to Apply:

Please email a cover letter and resume to <u>info@elderwise.org</u>. The position is open until filled but priority will be given to applications received by <u>April 14th, 2025.</u>