

BOOKS & BEATS

BOOK GROUP FOR CAREGIVERS MUSIC GROUP FOR PEOPLE WITH MEMORY LOSS

Come with your loved one to enjoy an afternoon at the Memory Hub!

Caregivers will have a book discussion group led by Seattle Public Library. People with memory loss will have a music engagement program led by a certified music therapist. At the end, we'll come together for social time and snacks! A free event; registration required.

2:30 - 4 p.m. every 3rd Wednesday of the month.

Each book is discussed for two months:

May 21 + June 18: *Barbara Isn't Dying* by Alina Bronsky

July 16 + August 20: TBD

September 17 + October 15: TBD

November 19 + December 17: TBD

The Memory Hub
1021 Columbia St, Seattle

Sign up:

www.tinyurl.com/Books-and-Beats

Questions: mbecker1@uw.edu

