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**Keynote: "Empowered to Stay:
Tools, Trust, and Transformation for Aging in Place"**
Christina Marneris, Community Services Manager, AAADSW

Agenda

- **Lifestyle as Medicine:** Brain Health Through Everyday Choices
- **Panel Discussion: "The Power of Place":** The Heart of Supportive Home Environments
- **The Back-Up Plan:** Navigating the Unexpected in Aging at Home
- **"Who Will Speak for Me?"** Medical POA and Advance Planning for Solo Adults or Those Far from Family

Guest Speakers

- **Justin Ross**, Design Doctors
- **Susan Doyle** PhD, OTR/L, The Home Accessibility Therapist LLC
- **Sam Lewis**, MSW, CCFR CARES Program
- **Christyna Hengstler**, MS, 1st CHOICE Advisory Services
- **Joey Yourchek**, PNW Aging Specialty Services

**Continental Breakfast and Lunch
courtesy of the WA Cares Fund,
with music by Upbeat Music Therapy**



Mini Resource Fair

AAADSW/Dementia Friends PNW Aging/WA Cares Fund Design Drs/NW Medical Supply
1st CHOICE/Villages Clark County Upbeat Music Therapy/CARES HOPE/CDM

**Water Resource Center
4600 SE Columbia Way Vancouver, WA 98661**

Register at:
<https://www.eventbrite.com/e/aging-in-place-with-confidence-informed-is-empowered-tickets-1623831496719?aff=oddtcreator>