



Caregiver Workshop

Join Full Life Care and SilverKite Community Arts for this upcoming workshop supporting family caregivers.

Collective Collage Gathering



August 22nd 10:30 am — 12:30 pm | RSVP by 8/14/26

at Full Life Care — 1625 South Columbian Way, Seattle 98108

Join us for a morning of connection and fun as we create expressive collages that honor the caregiver role. Facilitation includes themes of caregiving and expressive art.

Each participant creates their own artful paper square to be displayed together at the end of the workshop.

Care companion and/or plus one welcome.

Sign-up for this complimentary workshop before 8/14!

RSVP to Kathryn Russell at Kathryn.Russell@FullLifeCare.org or call (206) 305-0523



Connection



Creativity



Self-Care



Focus

Full Life's Care Teams for Caregiver Respite program receives funding from the King County Veterans, Seniors and Human Services Levy.
