

## **Submission Guidelines**

### **MIRADOR MAGAZINE SPECIAL ISSUE: IN FULL VIEW**

#### **About this issue**

MIRADOR is creating a special issue dedicated to first-person writing by people living with dementia and other brain changes.

Many people with lived experience have written to MIRADOR wanting to tell their own stories. MIRADOR has not traditionally published first-person diagnosis narratives because many of our readers have preferred it that way. But creating a space where these voices can be heard feels equally necessary.

We are not seeking stories of decline or forced optimism. We are inviting **presence**: how people continue to live, choose, resist, create, and take up space after diagnosis. Stories that refuse pity without denying loss. Stories that challenge how dementia is seen and talked about --- by doctors, families, media, and society. Stories that say, “My dementia does not define who I am.”

#### **Who we're inviting**

- People living with dementia (at any stage)
- Writers and non-writers alike, Poets, and Artists
- Contributors from diverse backgrounds and communities

## **What we're looking for**

First-person work that reflects:

- Agency after diagnosis
- Refusal of pity or invisibility
- Advocacy, resistance, creativity, or everyday living
- Honesty that does not reduce a life to loss

Anger, humor, grief, joy, contradiction, and uncertainty are all welcome.

You do **not** need to be inspiring or instructional.

## **What we are not seeking**

- Sentimental or maudlin accounts of decline
- Writing intended primarily for caregivers or professionals
- Sugar-coated narratives that minimize the realities of dementia
- Stories shaped to deliver a lesson or metaphor

## **Forms and length**

MIRADOR is designed for an adaptive-text audience. Please keep submissions concise. Work will be edited for length and clarity.

- Poetry, reflections, brief meditations:  
25–125 words
- Essays or other prose forms:  
100–275 words
- Art, illustrations, comic strips, photography

## **Honorarium**

MIRADOR is pleased to offer a modest honorarium of **\$50.00 USD** to contributors whose work is accepted for publication.

## **Space and publication**

Due to space constraints, If we receive more strong work than we can include, we may hold selected pieces for a future issue or invite contributors to submit again if we develop a second volume.

## **How to submit**

Please email [nikki@miradormagazine.com](mailto:nikki@miradormagazine.com) with

- Your submission
- A brief note introducing yourself and your relationship to the work
- We would love to include photos with your essays or stories. Photos need to be high resolution in order to be print ready. We are happy to help with image submissions when possible.

**Deadline: May 1, 2026**