

Upcoming Virtual Education:

THE EMPOWERED CAREGIVER SERIES

1. Building Foundations of Caregiving

Explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

October 15th | 3-4pm | Via Zoom

2. Supporting Independence

Focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

October 22nd | 3-4pm | Via Zoom

3. Communicating Effectively

Teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

October 29th | 3-4pm | Via Zoom

4. Responding to Dementia-Related Behaviors

Details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

November 5th | 3-4pm | Via Zoom

5. Exploring Care and Support Services

Examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of life care

November 12th | 3-4pm | Via Zoom



**Call 800-272-3900 to Register
for free and get the Zoom Link**