

VIRTUAL

Learn more about the Memory Cafe Expansion Project in Washington

Memory Cafes are informal, social gatherings for people living with dementia and their caregivers. Typical places where Memory Cafes take place include restaurants, libraries, museums, and community centers.

During this 30-minute overview session, you will learn more about:

The Memory Café Expansion Project

- Plans to expand the number of Memory Cafes in WA
- How community partners and volunteers can get involved

Free half-day intensive trainings for community members, volunteers, and organizations interested in starting a community-based Memory Cafe.

- What participants will learn
- How to register

2026 VIRTUAL OVERVIEW SESSIONS:

March 20, 2-2:30 pm

March 26, 5-5:30 pm

April 3, 2-2:30 pm

May 7, 4-4:30 pm

June 12, 1-1:30 pm

July 6, 2-2:30 pm

September 8, 2-2:30 pm

October 5, 4:30-5 pm

November 6, 1-1:30 pm

To register, contact Katie Zeitler:

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UW Medicine
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**MEMORY & BRAIN
WELLNESS CENTER**

Starting in 2026, the UW Memory and Brain Wellness Center will work with community partners to launch the Memory Cafe Expansion project. We invite you to join!
Learn more by visiting <https://depts.washington.edu/mbwc/resources/memory-cafes-wa>