

BOOKS & BEATS

BOOK GROUP FOR CAREGIVERS
MUSIC GROUP FOR PEOPLE WITH
MEMORY LOSS

Come with your loved one to enjoy an afternoon at the Memory Hub!

Caregivers will have a book discussion group led by Seattle Public Library. People with memory loss will have a music engagement program led by a certified music therapist. The last half hour we'll come together for social time and snacks! A free event.

Offered monthly on the 3rd Wednesdays.

Join the fun this March!
2:30 p.m. - 4 p.m. Wed Mar 19

The Memory Hub
1021 Columbia St, Seattle

Registration required at least 1 week in advance:

www.tinyurl.com/Books-and-Beats

Questions: mbecker1@uw.edu



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MEMORY & BRAIN
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