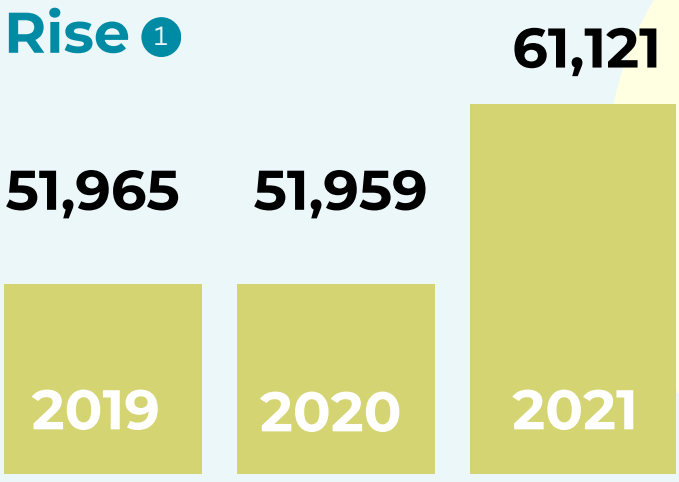
HOMELESSNESS AMONG OLDER ADULTS



In recent years, homelessness among older adults has surged to levels not seen since the Great Depression.[2]

Homelessness Among Older Adults Is On The Rise[1]



Adults Age 55 and Over...

- Are the **fastest-growing** age group experiencing homelessness
- Compose **almost 1/2** of the homeless population
- Are predicted to **grow 3X as much** by 2030

On a single night in 2023:

138,098

Adults over the age of 55 were homeless. Over 98,000 were aged 55-64, and almost 39,700 people were over age 64.

More than **1 in 5** of the homeless are 55 or older

46% of homeless adults experience unsheltered homelessness[4]

Causes



Systemic Factors[4]

Include lack of affordable housing, lack of assisted living options, increased cost of living (rent, food, etc).

Individual Factors

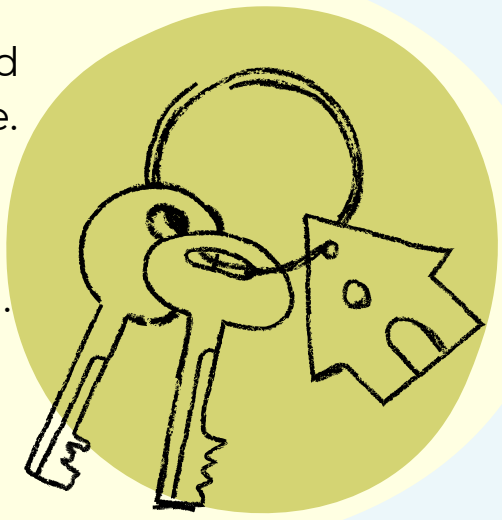
Adults who experience homelessness for the **first time before age 50** often have had adverse experiences, substance use disorders, mental health issues, justice system involvement, or unemployment struggles. Those who **first experience homelessness at age 50 or older** typically have experienced a financial or health crises, loss of income, or loss of a loved one.

Solutions

Affordable housing options: supportive housing, rental/mortgage assistance, eviction protections, and resources for property taxes and home maintenance.

Affordable, supportive healthcare and assisted living can help older adults struggling with higher medical costs due to things like injuries or dementia.

Programs that assist with cost of living expenses (food, transportation, etc) can help alleviate the burden of housing costs.[3]



Resource Links For Housing Assistance

- CAM at (313) 305-0311
- United Way at 2-1-1
- Detroit Senior Solutions
- Community Health Awareness Group
- United Community Housing Coalition
- HUD Housing Resources for Michigan Seniors



Sources

1. Shelters Are Serving an Increasing Number of Older Adults: A Data Snapshot, NAEH, 2023
2. Baby boomers are becoming homeless at a rate 'not seen since the Great Depression', 2023
3. Solving for Homelessness among Older Adults, People with Disabilities, and Other Populations – Housing and Services Resource Center, 2023
4. Older Adults, National Alliance to End Homelessness, 2023