

Homelessness and Harm Reduction:

Knowing the signs of an
opioid overdose

Save a Life

The Principles of Harm Reduction:

- 1 Accepts, for better or worse, that illicit drug use is a part of our world.
- 2 Establishes quality of individuals, community life, and well being
- 3 Recognizes that the reality of poverty, classicism, racism, social isolation, sexism, and social inequalities affect both people's vulnerability to and capacity for effectively dealing with drug-related harm
- 4 Does not attempt to minimize or ignore the real and tragic harm and danger that can be associated with illicit drug use.



Harm reduction
saves lives.

Ways to Spot an Opioid Overdose

- Unusual sleepiness or unresponsiveness
- Breathing will be slow or absent
- Slow heartbeat or low blood pressure
- Skin feels cold and clammy
- Pupils are tiny
- Nails and lips are blue



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Opioid Overdose Response Instructions

1 Call for Emergency Services

- Check for Signs of an overdose
- Call 9-1-1
- Lay the person on their back

2 Give the person NARCAN

- Open the package. **Do NOT test spray**
- Tilt the person's head back and provide support for their neck.
- Gently insert the tip of the the nozzle into their nose
- Press the plunger firmly
- Remove the device from nostril

3 Evaluate and Support

- Move the person into recovery position
- Give second dose after 2-3 minutes, alternating nostrils.
- Preform CPR

9-1-1

How to Use NARCAN



PEEL back the package to remove the device. Hold the device with your thumb on the bottom of the plunger and two fingers on the nozzle.



PLACE and hold the tip of the nozzle in either nostril until your finger touches the bottom of the person's nose.



PRESS the plunger and firmly release the dose into the person's nose.





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All information provided by

The Harm Reduction
Coalition

You can reach them here:

○ <https://harmreduction.org/>



National Resources

CDC RX Awareness

SAFE Project

National Safety Council

Shatter Proof

Michigan Based Resources

Michigan Overdose Prevention Coalition

OPEN

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How to Access Narcan

