

Sunday

Monday

Tuesday

Wednesday




Thursday

Friday

Saturday

April 2021

Colchester Senior Center

April 2021 Colchester Senior Center				1 9:00 Exercise with Anne on Zoom 10:00 Sittercize on Zoom 11:00 Senior Yoga on Zoom 1:30 Genealogy 101 on Zoom All Fools' Day	2 CSC closed for Good Friday Good Friday	3
4  Easter Sunday	5 8:30 Garden Club Mtg 9:00 Exercise with Anne on Zoom 10:00 Sittercize on Zoom 11:00 Learn to Sign with Ruth on Zoom	6 9:45 Tai Chi on Zoom 10:00 Making Memories on Zoom 11:00 Adult Coloring 1:30 Conference Call Bingo	7 NO Making Memories Zoom today 10:00 Walking Group Meetup at Airline Trail 7:00 AARP Virtual Wellness Series: Managing Stress & Anxiety	8 9:00 Exercise with Anne on Zoom 10:00 Sittercize on Zoom 10:30 Shopping Trip to Lisbon 11:00 Senior Yoga 1:30 Genealogy 101 on Zoom	9 9-3 AARP Tax Aide, by appointment 10:30 Crafter's Show and Share Hour 11:00 Senior Yoga on Zoom 1:30 Coping with Grief and Loss w/ UCFS on Zoom	10
11 8:30 CoA Meeting 9:00 Exercise with Anne on Zoom 10:00 Sittercize Zoom 11:00 Learn to Sign with Ruth on Zoom 2:00 Live Well Workshop Conference Call Ramadan Begins	12 9:45 Tai Chi on Zoom 10:30 Senior Golf League Preseason Meeting on Zoom 11:00 Adult Coloring 1:30 Conf. Call Bingo 7:00 Senior Center Building Committee Meeting on Zoom	13 10:00 Making Memories on Zoom 10:00 Walking Group Meetup at Airline Trail 2:00 Springtime Treasures of Washington D.C. Zoom 2:30 CSC Staff Meeting	14 9:00 Exercise with Anne on Zoom 10:00 Sittercize on Zoom 11:00 Senior Yoga on Zoom 1:30 Norton Park Info Session on Zoom	15 10:30 Highlighting Colchester History with CHS 11:00 Senior Yoga on Zoom 1:30 Reopening our Senior Center Q&A	 RAMADAN KAREEM	17
18 9:00 Exercise with Anne on Zoom 10:00 Sittercize on Zoom 11:00 Learn to Sign with Ruth on Zoom 2:00 Live Well Workshop Conference Call	19 9:45 Tai Chi on Zoom 10:30 Book Club Discussion on Zoom 11:00 Adult Coloring 1:30 Spring Bingo Conference Call	20 10:00 Making Memories on Zoom 10:00 Walking Group Meetup at Airline Trail 12:00 Spring Fling Lunch To-Go	21 9:00 Exercise with Anne on Zoom 10:00 Sittercize Zoom 10:30 Shopping Trip to Lisbon 11:00 Senior Yoga Zoom 6:00 "Food, Stuff, Energy & Water" Virtual Presentation Earth Day	22 10:30 Police Commission Presentation on Zoom 11:00 Senior Yoga on Zoom 1:30 Step by Step Painting on Zoom	 Earth Day	24
25 9:00 Exercise with Anne on Zoom 10:00 Sittercize on Zoom 11:00 Learn to Sign with Ruth on Zoom 2:00 Live Well Workshop Conference Call	26 9:45 Tai Chi on Zoom 11:00 Adult Coloring 12:30 In the Know with Patty Watts on Zoom 1:30 Conference Call Bingo 7:00 Senior Center Building Committee Meeting on Zoom	27 10:00 Making Memories on Zoom 10:00 Walking Group Meetup at Airline Trail 2:00 Community Conversation with the First Selectman	28 9:00 Exercise with Anne on Zoom 10:00 Sittercize on Zoom 11:00 Senior Yoga on Zoom 1:30 International Cooking Demo	29 11:00 Senior Yoga on Zoom 1:00 Water, Water Everywhere: A Statewide Virtual Event via Zoom Arbor Day	30	

*Scheduled programs are subject to change

PAGE 9