



TVCCA's Senior Nutrition Program is supported by Senior Resources-Area Agency on Aging with Title III funds made available under the Older Americans Act. This menu meets 1/3 RDA and conforms to U.S. Dietary Guidelines. Certified by Lindsay D'Amato, MPH, RD/LDN.



TVCCA CAFÉ MENU ~ MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals.</p>	<p><u>TVCCA Senior Nutrition Program</u> 81 Stockhouse Road Bozrah, CT 06334 860-886-1720 ~~~~~ 1% milk and whole grain bread are served with each meal. <i>Menu is subject to change without notice</i></p>	<p>1 Chicken Parmesan Penne Pasta w/ Marinara Green Beans Fresh Orange</p>	<p>2 Cod w/ Herbs & Tomatoes Roasted Garlic Rice Broccoli Tropical Fruit Cup</p>	<p>3 Beef Hot Dog w/ Bun Baked Beans Mixed Vegetables Medley Mixed Fruit Cup</p>
<p>6 Western Omelet Sweet Potato Tater Tots Peas & Pearl Onions Sweet Treat Grape Juice</p>	<p>7 Beef & Bean Chili Pasta Shells w/ Herbs Mixed Vegetables Medley Fresh Fruit</p>	<p>8 Shrimp Stir-Fry Steamed Rice Asian Vegetable Blend Mandarin Oranges</p>	<p>9 Stuffed Shells w/ Marinara Carrot Coins Waxed Beans Applesauce Cup</p>	<p>10 Country Style Chicken Buttermilk Mashed Potatoes Green & Yellow Squash Diced Pears</p>
<p>13 Stuffed Chicken w/ Broccoli & Cheese Herb Roasted Potatoes Green Beans Fresh Orange</p>	<p>14 Vegetarian Lasagna Diced Carrots Snap Peas Tropical Fruit Cup</p>	<p>15 <u>There's No Place Like Home Lunch</u> Meatloaf with Gravy Mashed Potatoes Sugar Snap Peas Roll & Margarine Juice Cookies Ticket Cost: \$9.00</p>	<p>16 Crispy Cod Macaroni & Cheese Broccoli Diced Pears</p>	<p>17 <u>Angelo's Stuffed Bread Lunch</u> 2 Slices of Assorted Angelo's Stuffed Bread Garden Salad with Dressing Can of Soda or Bottle of Water Cookie Ticket Cost: \$9.00</p>
<p>20 Meatballs Marinara Penne Pasta Cauliflower, Carrots, & Snap Peas Diced Peaches</p>	<p>21 <u>Ethnic Celebration</u> Steamed Pork Dumplings Steamed Rice Broccoli, Peppers, & Mushrooms Sweet Treat Orange Juice</p>	<p>22 Pot Roast w/ Gravy Parsley Steamed Potatoes Corn w/ Peppers & Onions Pineapple Tidbits</p>	<p>23 Cheese Omelet Home Fries Squash Mix w/ Carrots & String Beans Mixed Fruit Cup</p>	<p>24 Salisbury Steak w/ Gravy Gemelli Pasta Broccoli Fresh Fruit</p>
<p>27 <u>Memorial Day Holiday</u></p> <p><i>Memorial Day</i></p> <p>Senior Nutrition Program Closed</p>	<p>28 <u>Memorial Day Picnic from Harry's</u> Your choice of: Hamburger, Cheeseburger or Hot Dog Fries & Onion Rings Can of Soda or Bottle of Water Cupcake Ticket Cost: \$9.00</p>	<p>29 Pineapple Glazed Ham Glazed Sweet Potatoes Green & Waxed Beans Diced Peaches</p>	<p>30 American Chop Suey Carrot Coins Peas & Pearl Onions Fresh Orange</p>	<p>31 Whole Grain Fish Sticks Tater Tots Broccoli, Peppers, & Mushrooms Sweet Treat Apple Juice</p>