



# TVCCA SENIOR CAFÉ MENU ~ DECEMBER 2023



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p><u>TVCCA Senior Nutrition Program</u>  <b>81 Stockhouse Road</b>  <b>Bozrah, CT 06334</b>  <b>860-886-1720</b></p> <p>(24hr voice mail available)  www.tvcca.org</p>	<p><b>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</b></p>		<p><b>1</b>  Pineapple Glazed Ham  Glazed Sweet Potato  Green Beans  Diced Peaches</p> <p><b><u>Add-On: Chicken Noodle Soup</u></b></p>
<p><b>4</b>  Stuffed Cabbage Casserole  Peas  Carrot Coins  Diced Pears</p>	<p><b>5</b>  Baked Cod w/ Lemon Dill Sauce  Parsley Steamed Potatoes  Squash Mix w/ Carrots &amp; String Beans  Fresh Fruit</p>	<p><b>6</b>  <b><u>Birthday Celebration</u></b>  Chicken Marsala  Rice Pilaf  Corn w/ Peppers &amp; Onions  Birthday Treat  Grape Juice</p>	<p><b>7</b>  Cheese Omelet  Home Fries  Broccoli  Mixed Fruit Cup</p> <p><b>8</b>  Swedish Meatballs  Egg Noodles  Mixed Vegetables Medley  Tropical Fruit Cup</p> <p><b><u>Add-On: Minestrone Soup</u></b></p>
<p><b>11</b>  Crispy Cod  Macaroni &amp; Cheese  Green Beans  Fresh Orange</p>	<p><b>12</b>  <b><u>Ethnic Celebration</u></b>  Steamed Pork Dumplings  Steamed Rice  Asian Vegetable Blend  Sweet Treat  Orange Juice</p>	<p><b>13</b>  Braised Beef Tips  Garlic Mashed Potatoes  Green &amp; Yellow Squash  Diced Peaches</p>	<p><b>14</b>  Cheese Ravioli w/ Marinara  Snap Peas  Corn w/ Peppers &amp; Onions  Diced Pears</p> <p><b>15</b>  Chicken Cordon Bleu  Roasted Garlic Rice  Zucchini, Peas &amp; Carrots  Mixed Fruit Cup</p> <p><b><u>Add-On: Broccoli, Potato, &amp; Cheddar Soup</u></b></p>
<p><b>18</b>  Country Style Chicken  Buttermilk Mashed Potatoes  Broccoli  Pineapple Tidbits</p>	<p><b>19</b>  Meatballs Marinara  Penne Pasta  Mixed Vegetables Medley  Applesauce Cup</p>	<p><b>20</b>  <b><u>Sugar, Spice &amp; Everything Nice</u></b>  Herb Roasted Prime Rib  Garlic Roasted Potatoes  Squash w/ Peppers &amp; Carrots  Assorted Cookies  Apple Juice  Dinner Roll w/ Margarine  <b>Ticket Cost: \$9.00</b></p>	<p><b>21</b>  Western Omelet  Sweet Potato Tater Tots  Peas &amp; Pearl Onions  Tropical Fruit Cup</p> <p><b>22</b>  Vegetarian Lasagna  Broccoli  Diced Carrots  Fresh Fruit</p> <p><b><u>Add-On: Corn Chowder Soup</u></b></p>
<p><b>25</b>  <b>Christmas Day Holiday</b></p>  <p><b><u>Senior Nutrition Program Closed</u></b></p>	<p><b>26</b>  <b><u>Subway Boxed Lunch</u></b>  Choice of 6" sub  Bag of Chips  Cookie  Bottle of Water  <b>Ticket Cost: \$10.00</b>  <b><u>Senior Nutrition Program Closed</u></b></p>	<p><b>27</b>  Whole Grain Fish Sticks  Tater Tots  Broccoli, Peppers, &amp; Mushrooms  Fresh Orange</p>	<p><b>28</b>  Beef Chili Loaded Mashed Potatoes  Green Beans  Waxed Beans  Pineapple Tidbits</p> <p><b>29</b>  Salisbury Steak w/Gravy  Herb Roasted Potatoes  Green &amp; Yellow Squash  Sweet Treat  Orange Juice</p> <p><b><u>Add-On: Split Pea &amp; Ham Soup</u></b></p>