



TVCCA SENIOR CAFE MENU ~ MARCH 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>TVCCA Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720 www.tvcca.org</p> <p>(24hr voice mail available)</p>	<p>1% milk and whole grain bread are served with each meal.</p> <p>Menu is subject to change without notice.</p> 	<p>FOOD ALLERGY WARNING:</p> <p>Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumptions of meals.</p>		<p>1 Crispy Cod Macaroni & Cheese Squash Mix w/ Carrots & String Beans Tropical Fruit Cup</p> <p>Add-On: Corn Chowder Soup</p>
<p>4 Stuffed Chicken Kiev Rice Pilaf Green Beans Fresh Orange</p>	<p>5 Cheese Ravioli w/ Marinara Broccoli Diced Carrots Diced Peaches</p>	<p>6 Meatballs Marinara Pasta Shells w/ Herbs Peas Mandarin Oranges</p>	<p>4 Pesto Chicken Garlic Mashed Potatoes Cauliflower, Carrots, & Snap Peas Pineapple Tidbits</p>	<p>8 Cheese Omelet Tater Tots Corn w/ Peppers & Onions Sweet Treat Grape Juice</p> <p>Add-On: Minestrone Soup</p>
<p>11 Country Fried Beef Steak Buttermilk Mashed Potatoes Green & Yellow Squash Pineapple Tidbits</p>	<p>12 Shrimp Stir-Fry Steamed Rice Asian Vegetable Blend Fresh Orange</p>	<p>13 Chicken Cacciatore Penne Pasta w/ Herbs Green & Waxed Beans Applesauce Cup</p>	<p>14 Stuffed Chicken w/ Broccoli & Cheese Herb Roasted Potatoes Zucchini, Peas, & Carrots Mixed Fruit Cup</p>	<p>15 Stuffed Shells w/ Marinara Carrot Coins Waxed Beans Applesauce Cup</p> <p>Add-On: Broccoli, Potato & Cheddar Soup</p>
<p>18 Western Omelet Sweet Potato Tater Tots Mixed Vegetable Medley Diced Peaches</p>	<p>19 Birthday Celebration Beef Stew Steamed Parsley Potatoes Broccoli Birthday Treat Orange Juice</p>	<p>20 Shamrock Social Luncheon Corned Beef & Cabbage Steamed Potatoes Sliced Carrots Dinner Roll & Margarine Irish Soda Bread Apple Juice Ticket Cost: \$9.00</p>	<p>21 Salisbury Steak w/ Gravy Mashed Potatoes Corn w/ Peppers & Onions Tropical Fruit Cup</p>	<p>22 Whole Grain Fish Sticks Home Fries Broccoli, Peppers, & Mushrooms Fresh Fruit</p> <p>Add-On: Chicken Noodle Soup</p>
<p>25 Vegetarian Lasagna Broccoli Diced Carrots Sweet Treat Grape Juice</p>	<p>26 Country Style Chicken Garlic Mashed Potatoes Squash Mix w/ Carrots & String Beans Mixed Fruit Cup</p>	<p>27 Stuffed Cabbage Casserole Snap Peas Lima Beans Fresh Fruit</p>	<p>28 Beef Stroganoff Gemelli Pasta Mixed Vegetables Medley Mandarin Oranges</p>	<p>29 Good Friday Holiday Program Closed</p>